Three in four Canadians say mental health care is an important priority for them; over six in ten report they or someone they know has experienced a mental health problem or illness

MHCC | Summary |
Conducted by Nanos for Mental Health Commission of Canada, September 2019
Submission 2019-1499
 Commission of Canada

## SUMMARY

Three in four Canadians say mental health care is an important priority for them and more than six in ten report they or someone they know has experienced a mental health problem or illness. Among those who report having or knowing who has experienced a mental health illness, over one in two report they or someone they know has experienced delays accessing services. To follow is a summary of the results from the survey.

## Mental versus physical health

- More than three in four Canadians say mental health care is an important priority for them Asked to rate the importance of mental health care as a priority to them on a scale from 1 to 10 , where 1 is not at all important and 10 is very important, over three in four Canadians say it is an important priority to them ( $77 \%$ )(score of $8-10$ ), giving this a mean score of 8.6 out of 10 . Two in ten say this is of average importance to them as a priority ( $20 \%$ )(score of $4-7$ ), while two per cent say this is not important (score of 1-3). Two per cent are unsure.
- A majority of Canadians say mental and physical health care are equally important - More than eight in ten Canadians (85\%) say mental and physical health care are equally important, while 10 per cent say mental health care is more important than physical health care, and four per cent say mental health care is less important than physical health care. One per cent are unsure.
- Canadians give the federal government a mean score of 5.4 out of 10 in terms of the job its done on mental health care - Asked to rate the job the federal government has done on mental health care from 1 to 10 , where 1 is a very poor job and 10 is a very good job, Canadians gave this a mean score of 5.4 out of 10 . Over half say the federal government has done an average job at this (56\%)(score of 4-7), while under two in ten say it has done a poor job (18\%)(score of 1-3), and over one in ten say it has done a good job (13\%)(score of 8-10). Twelve per cent are unsure.


## SUMMARY

- Canadians give their provincial government a mean score of 5.3 out of 10 in terms of the job its done on mental health care - Asked to rate the job their provincial government has done on mental health care from 1 to 10 , where 1 is a very poor job and 10 is a very good job, Canadians gave this a mean score of 5.3 out of 10 . Nearly six in ten say their provincial government has done an average job at this (56\%)(score of 4-7), while two in ten say it has done a poor job ( $20 \%$ )(score of 1-3), and 14 per cent say it has done a good job (score of 8-10). Ten per cent are unsure. Ontario residents gave the lowest mean score ( 4.9 out of 10 ), while Quebec residents gave the highest ( 5.6 out of 10 ).
A majority of Canadians say increasing funding for various aspects of mental health care should be high or medium priorities
- Canadians give their local health care services a mean score of 6.2 out of 10 in terms of the job its done on mental health care - Asked to rate the job their local health care services have done on mental health care from 1 to 10 , where 1 is a very poor job and 10 is a very good job, Canadians gave this a mean score of 6.2 out of 10 . Over half say their local health services have done an average job at this (55\%)(score of 4-7), while nearly one in four say they have done a good job (24\%)(score of 810 ), and 11 per cent say they have done a poor job (score of 1-3). Eleven per cent are unsure. Atlantic Canadians gave the lowest mean score ( 5.5 out of 10 ).


## Funding priorities

- Nearly six in ten Canadians say funding for mental and physical health care should be the same - A comfortable majority of Canadians say funding for mental health care should be the same as funding for physical health problems (58\%), while more than one in four say mental health care funding should be higher ( $27 \%$ ), and eight per cent say it should be lower than physical health care funding. Eight per cent are unsure. Women were more likely to say funding should be the same (64\%) than men (51\%), while men were more likely to say funding should be higher ( $32 \% ; 23 \%$ of women).
- Nearly nine in ten Canadians say increasing funding for mental health care should be a high or medium priority - A majority of Canadians say increasing funding for mental health care should be a high (52\%) or medium (37\%) priority, while under one in ten say this should be a low priority (seven per cent) or not a priority (two per cent). Three per cent are unsure.
- More than eight in ten Canadians say increasing funding for suicide prevention programs should be a high or medium priority - Over eight in ten Canadians say increasing funding for suicide prevention programs should be a high ( $45 \%$ ) or medium ( $41 \%$ ) priority, while just over one ten say this should be a low priority (eight per cent) or not a priority (three per cent). Four per cent are unsure. Women were more likely to say this should be a high priority (51\%) than men (39\%).


## SUMMARY

 of CanadaOver six in ten Canadians report they or someone they know has experienced a mental health problem or illness

- About nine in ten Canadians say increasing funding to improve access to mental health care professionals should be a high or medium priority - A majority of Canadians say increasing funding to improve access to mental health care professionals (including psychologists and counsellors) should be a high (55\%) or medium (34\%) priority, while fewer than one ten say this should be a low priority (seven per cent) or not a priority (two per cent). Three per cent are unsure. Quebec residents were more likely to say this should be a high priority (61\%) than residents of Atlantic Canada (50\%) or British Columbia (51\%).
- A majority of Canadians say increasing funding for prevention and wellness promotion should be a high or medium priority - A majority of Canadians say increasing funding for prevention and wellness promotion should be a high (42\%) or medium (42\%) priority, while over one ten say this should be a low priority (11\%) or not a priority (two per cent). Three per cent are unsure.


## Experience with mental health problem or illness

- More than six in ten Canadians report they or someone they know has experienced a mental health problem or illness - Over six in ten Canadians (64\%) report they or someone they know has experienced a mental health problem or illness, while 28 per cent report neither they nor someone they know has experienced this. Three per cent declined to respond, and five per cent are unsure. Atlantic Canadians were more likely to report they or someone they know having experienced this (70\%), while Quebec residents were less likely to report this (57\%), and women were more likely to report this ( $70 \%$ ) than men ( $58 \%$ ). In addition, younger Canadians ( 18 to 34 ) were more likely to report this (70\%) than Canadians 55 plus (58\%).
- Among those who report they or someone they know has experienced a mental health problem or illness, two in three report they are not living with or caring for a person with a mental health illness - Among those Canadians who report they or someone they know has experienced a mental health problem or illness, two in three report they are not living with or caring for a person with a mental health problem or illness (66\%), while 20 per cent report they are living with a person with a mental health problem or illness. Eight per cent report they are living with and caring for a person with a mental health illness, while six per cent report caring for a person with a mental health illness. Residents of Atlantic Canada (75\%) and Quebec (71\%) were more likely to report not living with or caring for a person with a mental health or illness, compared to Ontarians (64\%) and residents of the Prairies (60\%).


## SUMMARY

## Over one in

 three Canadians rank youth first as the highest priority for providing mental health services- Among those who report they or someone they know has experienced a mental health problem or illness, over half report they or someone they know has experienced delays in accessing services for their mental health illness - Among those Canadians who report they or someone they know has experienced a mental health problem or illness, over one in two (53\%) report they or someone they know has experienced delays in accessing services for a mental health problem or illness, while 30 per cent report neither they nor someone they know has experienced delays, and 17 per cent are unsure. Quebec residents were the least likely to report experiencing delays (46\%), while Atlantic Canadians were the most likely to report this (65\%).
- Canadians most often rank youth first in terms of priorities for providing mental health services Asked to rank groups in terms of the highest priorities for providing mental health services, Canadians most often ranked youth first (36\%), followed by no difference (25\%), seniors (16\%), Indigenous peoples (nine per cent), LGBTQ (six per cent), and immigrants and refugees (five per cent). Four per cent are unsure.

Nanos conducted an online survey of 1,004 Canadians, 18 years of age and older, between September $15^{\text {th }}$ and $17^{\text {th }}$, 2019. Participants were administered a survey online. The results were statistically checked and weighted by age using the latest Census information and the sample is geographically stratified to be representative of Canada. No margin of error applies to this research.

The research was commissioned by the Mental Health Commission of Canada and was conducted by Nanos Research.

# Mental versus physical health 

Canadians say mental healthcare is a very important priority for them, and feel mental and physical health care are equally important

## Importance of mental health



Mental Health Commission of Canada

Mean

| Atlantic (n=94) | 8.4 |
| :--- | :--- |
| Quebec (n=250) | 8.6 |
| Ontario (n=302) | 8.6 |
| Prairies (n=207) | 8.6 |
| British Columbia (n=151) | 8.4 |
| Male (n=498) | 8.3 |
| Female (n=500) | 8.8 |
| 18 to $34(n=316)$ | 8.6 |
| 35 to $54(n=396)$ | 8.6 |
| 55 plus (n=292) | 8.5 |

*Weighted to the true population proportion.
*Charts may not add up to 100 due to rounding.

QUESTION - On a scale of 1 to 10 where 1 is not at all important and 10 is very important, how you would you rate the importance of mental health care as a priority for you?

## Importance of mental health care compared to physical health care

Mental Health Commission of Canada


QUESTION - Is mental health care more important, less important or just as important as physical health care?

## Job performance for mental health

Mental Health Commission of Canada


QUESTION - Overall, please rate the job the following have done on mental health care where 1 is a very poor job and 10 a very good job? [RANDOMIZE]

## Job performance of federal government on mental health

Mental Health Commission of Canada


Mean

| Atlantic (n=94) | 5.2 |
| :--- | :--- |
| Quebec ( $n=250$ ) | 5.3 |
| Ontario ( $n=302$ ) | 5.5 |
| Prairies ( $n=207$ ) | 5.4 |
| British Columbia ( $n=151$ ) | 5.3 |
| Male ( $n=498$ ) | 5.4 |
| Female ( $n=500$ ) | 5.3 |
| 18 to 34 ( $n=316$ ) | 5.5 |
| 35 to 54 ( $n=396$ ) | 5.6 |
| 55 plus ( $n=292$ ) | 5.1 |
| *Weighted to the true population proportion. |  |
| *Charts may not add up to 100 due to rounding. |  |

## Job performance of provincial government on mental health

Mental Health Commission of Canada


Mean

| Atlantic (n=94) | 5.0 |
| :--- | :--- |
| Quebec (n=250) | 5.6 |
| Ontario (n=302) | 4.9 |
| Prairies (n=207) | 5.5 |
| British Columbia (n=151) | 5.5 |
| Male (n=498) | 5.3 |
| Female (n=500) | 5.3 |
| 18 to 34 (n=316) | 5.4 |
| 35 to 54 (n=396) | 5.5 |
| 55 plus (n=292) | 5.1 |
| *Weighted to the true population proportion. |  |
| *Charts may not add up to 100 due to rounding. |  |

## Job performance of local community on mental health

Mental Health Commission of Canada


Mean

| Atlantic (n=94) | 5.5 |
| :--- | :--- |
| Quebec (n=250) | 6.3 |
| Ontario ( $n=302$ ) | 6.2 |
| Prairies ( $n=207$ ) | 6.3 |
| British Columbia ( $n=151$ ) | 6.2 |
| Male (n=498) | 6.2 |
| Female (n=500) | 6.2 |
| 18 to 34 (n=316) | 6.2 |
| 35 to 54 ( $n=396$ ) | 6.2 |
| 55 plus ( $n=292$ ) | 6.1 |
| *Weighted to the true population proportion. |  |
| *Charts may not add up to 100 due to rounding. |  |

QUESTION - Overall, please rate the job the following have done on mental health care where 1 is a very poor job and 10 a very good job? [RANDOMIZE]
Your local health care services

Canadians say funding for various aspects of mental healthcare, including improving access to professionals, should be a high or medium priority

## Funding for mental health

Mental Health Commission of Canada

The same


| Atlantic (n=94) | $57.2 \%$ |
| :--- | :--- |
| Quebec (n=248) | $60.6 \%$ |
| Ontario (n=301) | $55.5 \%$ |
| Prairies (n=207) | $57.4 \%$ |
| British Columbia (n=151) | $56.6 \%$ |
| Male (n=495) | $50.8 \%$ |
| Female (n=500) | $63.9 \%$ |
| 18 to $34(n=315)$ | $55.4 \%$ |
| 35 to $54(n=396)$ | $58.2 \%$ |
| 55 plus (n=290) | $58.3 \%$ |

*Weighted to the true population proportion.
*Charts may not add up to 100 due to rounding.

QUESTION - Should funding for mental health care be higher, the same or less than funding for physical health problems?

## Mental health funding priorities



QUESTION - Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE]

## Increasing funding for mental health



|  | High/ <br> medium <br> priority |
| :--- | :---: |
| Atlantic (n=94) | $86.2 \%$ |
| Quebec (n=249) | $91.2 \%$ |
| Ontario (n=301) | $88.0 \%$ |
| Prairies (n=206) | $87.2 \%$ |
| British Columbia (n=149) | $88.7 \%$ |
| Male (n=497) | $85.4 \%$ |
| Female (n=496) | $91.6 \%$ |
| 18 to $34(n=315)$ | $89.5 \%$ |
| 35 to $54(n=394)$ | $86.5 \%$ |
| 55 plus $(n=290)$ | $89.7 \%$ |

*Weighted to the true population proportion.
*Charts may not add up to 100 due to rounding.

QUESTION - Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE] Increase funding for mental health care.

# Increasing funding for suicide prevention programs 

Mental Health Commission of Canada


|  | High/ <br> medium <br> priority |
| :--- | :---: |
| Atlantic (n=94) | $85.4 \%$ |
| Quebec (n=249) | $86.6 \%$ |
| Ontario (n=300) | $83.4 \%$ |
| Prairies (n=207) | $84.3 \%$ |
| British Columbia (n=151) | $88.4 \%$ |
| Male (n=497) | $81.7 \%$ |
| Female (n=498) | $88.8 \%$ |
| 18 to 34 (n=316) | $85.0 \%$ |
| 35 to 54 (n=394) | $84.1 \%$ |
| 55 plus (n=291) | $86.5 \%$ |

*Weighted to the true population proportion.
*Charts may not add up to 100 due to rounding.

QUESTION - Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE] Increase funding for suicide prevention programs

# Increasing funding for access to mental health professionals 

Mental Health Commission of Canada


QUESTION - Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE] Increase funding to improve access to mental health care professionals (including psychologists and counsellors)

# Increasing funding for prevention and wellness programs 

Mental Health Commission of Canada


QUESTION - Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE] Increase funding for prevention and wellness promotion

|  | High/ <br> medium <br> priority |
| :--- | :---: |
| Atlantic (n=94) | $84.0 \%$ |
| Quebec (n=249) | $80.2 \%$ |
| Ontario ( $\mathrm{n}=301$ ) | $86.3 \%$ |
| Prairies (n=206) | $85.7 \%$ |
| British Columbia (n=150) | $84.6 \%$ |
| Male (n=497) | $81.5 \%$ |
| Female (n=497) | $86.7 \%$ |
| 18 to 34 (n=315) | $84.5 \%$ |
| 35 to 54 ( $n=394$ ) | $82.7 \%$ |
| 55 plus ( $n=291$ ) | $85.2 \%$ |
| *Weighted to the true population proportion. |  |
| *Charts may not add up to 100 due to rounding. |  |

Experience with mental health problem or illness

Over six in ten Canadians say they or someone they know has experienced a mental health problem or illness; more than half have experienced delays in accessing services

## Experiencing mental health problem or illness

Mental Health Commission of Canada


QUESTION - Have you or someone you know ever experienced a mental health problem or illness?

## Living with or caring for a person struggling with mental health

Mental Health Commission of Canada


■ Living with a person with a mental health problem or illness
$\square$ Caring for a person with a mental health problem or illness

- Living and caring for a person with a mental health problem or illness
- Not living or caring for a person with a mental health problem or illness

Not living with or caring for a person with a mental health illness

| Atlantic (n=67) | $74.9 \%$ |
| :--- | :--- |
| Quebec ( $n=154$ ) | $71.4 \%$ |
| Ontario ( $n=218$ ) | $64.4 \%$ |
| Prairies ( $n=145$ ) | $59.5 \%$ |
| British Columbia ( $n=99$ ) | $65.1 \%$ |
| Male ( $n=306$ ) | $63.7 \%$ |
| Female ( $n=371$ ) | $68.2 \%$ |
| 18 to $34(n=237)$ | $61.2 \%$ |
| 35 to $54(n=270)$ | $62.6 \%$ |
| 55 plus ( $n=176$ ) | $74.1 \%$ |

*Weighted to the true population proportion.
*Charts may not add up to 100 due to rounding.

QUESTION - [IF YES TO Q11] Are you living with or caring for a person with a mental health problem or illness?

## Experiencing delays accessing services for mental health



Yes

| Atlantic (n=67) | $64.6 \%$ |
| :--- | :--- |
| Quebec (n=154) | $46.4 \%$ |
| Ontario (n=218) | $51.9 \%$ |
| Prairies (n=145) | $55.9 \%$ |
| British Columbia (n=99) | $52.8 \%$ |
| Male (n=306) | $49.4 \%$ |
| Female (n=371) | $55.7 \%$ |
| 18 to 34 ( $n=237$ ) | $56.2 \%$ |
| 35 to 54 ( $n=270$ ) | $56.8 \%$ |
| 55 plus ( $n=176$ ) | $46.2 \%$ |
| *Weighted to the true population proportion. |  |
| *Charts may not add up to 100 due to rounding. |  |

QUESTION - [IF YES TO Q11] Have you or someone you know ever experienced delays in accessing service for a mental health problem or illness?

## Prioritizing groups for mental health

Mental Health Commission of Canada

|  | First Ranked <br> $(\mathrm{n}=993)$ | Second Ranked <br> $(\mathrm{n}=811)$ | Third Ranked <br> $(\mathrm{n}=747)$ |
| :--- | :---: | :---: | :---: |
| Youth | $35.7 \%$ | $26.7 \%$ | $16.7 \%$ |
| Seniors | $15.9 \%$ | $31.3 \%$ | $18.7 \%$ |
| Indigenous peoples | $8.5 \%$ | $14.4 \%$ | $28.7 \%$ |
| LGBTQ | $5.7 \%$ | $13.4 \%$ | $16.4 \%$ |
| Immigrants and refugees | $5.1 \%$ | $6.4 \%$ | $11.6 \%$ |
| No difference | $25.4 \%$ | $4.4 \%$ | $5.4 \%$ |
| Unsure | $3.7 \%$ | $3.4 \%$ | $2.4 \%$ |

QUESTION - Please rank the following as priorities for providing mental health services where 1 is the most important priority, 2 the second most important priority and so on. [RANDOMIZE]

METHODOLOGY

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ENV

## METHODOLOGY

Nanos conducted an online survey of 1,004 Canadians, 18 years of age and older, between September $15^{\text {th }}$ and $17^{\text {th }}, 2019$. Participants were administered a survey online. The results were statistically checked and weighted by age using the latest Census information and the sample is geographically stratified to be representative of Canada.

No margin of error applies to this research.
The research was commissioned by the Mental Health Commission of Canada and was conducted by Nanos Research.

## TECHNICAL NOTE

| Element | Description |
| :---: | :---: |
| Research sponsor | Mental Health Commission of Canada |
| Population and Final Sample Size | 1,004 Canadians. |
| Source of Sample | ProedgeMR |
| Type of Sample | Non-probability |
| Margin of Error | Not applicable. |
| Mode of Survey | Online survey |
| Sampling Method Base | Canadians over the age of 18. |
| Demographics (Captured) | Atlantic Canada, Quebec, Ontario, Prairies, British Columbia; Men and Women; 18 years and older. Six digit postal code was used to validate geography. |
| Fieldwork/Validation | The research questions were administered online |
| Number of Calls | Individuals were not called |
| Time of Calls | Individuals were not called |
| Field Dates | September $15^{\text {th }}$ to $17^{\text {th }}, 2019$. |
| Language of Survey | The survey was conducted in both English and French. |
| Standards | Nanos Research is a member of the Canadian Research Insights Council (CRIC) and confirms that this research fully complies with all CRIC Standards including the CRIC Public Opinion Research Standards and Disclosure Requirements. <br> https://canadianresearchinsightscouncil.ca/standards/ |


| Element | Description |
| :---: | :---: |
| Weighting of Data | The results were weighted by age and gender using the latest Census information (2016) and the sample is geographically stratified to ensure a distribution across all regions of Canada. See tables for full weighting disclosure |
| Screening | Screening ensured potential respondents did not work in the market research industry, in the advertising industry, in the media prior to administering the survey to ensure the integrity of the data. |
| Excluded Demographics | Individuals younger than 18 years old; individuals without internet access could not participate. |
| Stratification | By age and gender using the latest Census information (2016) and the sample is geographically stratified to be representative of Canada. Smaller areas such as Atlantic Canada were marginally oversampled to allow for a minimum regional sample. |
| Estimated Response Rate | Not applicable. |
| Question Order | Question order in the preceding report reflects the order in which they appeared in the original questionnaire. |
| Question Content | All questions asked are contained in the report. |
| Question Wording | The questions in the preceding report are written exactly as they were asked to individuals. |
| Research/Data Collection Supplier | Nanos Research |
| Contact | Contact Nanos Research for more information or with any concerns or questions. <br> http://www.nanos.co <br> Telephone:(613) 234-4666 ext. 237 <br> Email: info@nanosresearch.com. |

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2019-1499 - Mental Health Commission of Canada - Survey - STAT SHEET

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ \text { 2019-09 } \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - On a scale of 1 to 10 | Total | Unwgt <br> N | 1004 | 94 | 250 | 302 | 207 | 151 | 498 | 500 | 6 | 316 | 396 | 292 |
| where 1 is not at all |  | Wgt N | 1000 | 100 | 250 | 300 | 200 | 150 | 491 | 508 | 1 | 271 | 340 | 389 |
| very important, how |  | Mean | 8.6 | 8.4 | 8.6 | 8.6 | 8.6 | 8.4 | 8.3 | 8.8 | 7.8 | 8.6 | 8.6 | 8.5 |
| the importance of |  | Median | 9.0 | 9.0 | 9.0 | 9.0 | 9.0 | 9.0 | 9.0 | 9.0 | 10.0 | 9.0 | 9.0 | 9.0 |
| as a priority for you? | Not at all important (1) | \% | 0.4 | 0.0 | 0.6 | 0.4 | 0.0 | 0.9 | 0.5 | 0.3 | 19.6 | 0.0 | 0.0 | 1.0 |
|  | 2 | \% | 0.3 | 1.2 | 0.3 | 0.0 | 0.0 | 0.9 | 0.7 | 0.0 | 0.0 | 0.4 | 0.2 | 0.3 |
|  | 3 | \% | 1.2 | 4.8 | 1.0 | 1.0 | 0.4 | 0.6 | 2.3 | 0.2 | 0.0 | 1.8 | 1.8 | 0.3 |
|  | 4 | \% | 0.8 | 1.9 | 0.7 | 0.0 | 0.8 | 2.0 | 1.2 | 0.4 | 0.0 | 1.5 | 0.5 | 0.6 |
|  | 5 | \% | 3.5 | 3.2 | 2.8 | 3.9 | 3.0 | 4.4 | 4.4 | 2.6 | 0.0 | 2.6 | 2.4 | 5.0 |
|  | 6 | \% | 4.1 | 4.7 | 3.0 | 4.6 | 3.8 | 4.7 | 4.0 | 4.1 | 0.0 | 3.9 | 2.5 | 5.6 |
|  | 7 | \% | 11.3 | 7.0 | 10.2 | 11.2 | 17.3 | 7.8 | 13.0 | 9.6 | 0.0 | 10.7 | 13.8 | 9.4 |
|  | 8 | \% | 20.1 | 17.6 | 24.0 | 20.8 | 14.3 | 21.9 | 20.0 | 20.3 | 19.6 | 18.7 | 23.0 | 18.7 |
|  | 9 | \% | 14.9 | 9.2 | 13.3 | 15.6 | 16.2 | 18.1 | 16.4 | 13.5 | 0.0 | 15.7 | 14.8 | 14.4 |
|  | Very important (10) | \% | 41.8 | 47.8 | 42.3 | 41.8 | 42.6 | 36.2 | 35.5 | 47.9 | 60.8 | 43.7 | 40.1 | 42.0 |
|  | Unsure | \% | 1.6 | 2.6 | 1.8 | 0.7 | 1.6 | 2.6 | 2.1 | 1.1 | 0.0 | 0.9 | 1.0 | 2.7 |


|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ 2019-09 \\ \hline \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Is mental health care more important, less important or just as important as physical health care? | Total | Unwgt <br> N | 1004 | 94 | 250 | 302 | 207 | 151 | 498 | 500 | 6 | 316 | 396 | 292 |
|  |  | Wgt N | 1000 | 100 | 250 | 300 | 200 | 150 | 491 | 508 | 1 | 271 | 340 | 389 |
|  | Mental health care is more important | \% | 9.8 | 4.2 | 12.4 | 10.6 | 10.2 | 7.2 | 13.3 | 6.4 | 19.6 | 13.0 | 12.0 | 5.7 |
|  | Mental health care is less important | \% | 4.0 | 7.0 | 3.7 | 3.5 | 4.3 | 3.4 | 5.4 | 2.8 | 0.0 | 4.2 | 3.8 | 4.1 |
|  | Mental and physical health care are equally important | \% | 85.0 | 86.2 | 83.6 | 85.3 | 83.0 | 89.0 | 80.2 | 89.7 | 80.4 | 81.9 | 83.4 | 88.7 |
|  | Unsure | \% | 1.1 | 2.6 | 0.4 | 0.6 | 2.5 | 0.5 | 1.2 | 1.0 | 0.0 | 0.9 | 0.8 | 1.5 |

Nanos conducted an online survey of 1,004 Canadians, 18 years of age or older, between September $15^{\text {th }}$ and $17^{\text {th }}, 2019$.

## 2019-1499 - Mental Health Commission of Canada - Survey - STAT SHEET

Overall, please rate the job the following have done on mental health care where 1 is a very poor job and 10 a very good job? [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{aligned} & \text { Canada } \\ & \text { 2019-09 } \end{aligned}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \\ \hline \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | 55 <br> plus |
| Question - Federal government | Total | Unwgt <br> N | 1004 | 94 | 250 | 302 | 207 | 151 | 498 | 500 | 6 | 316 | 396 | 292 |
|  |  | Wgt N | 1000 | 100 | 250 | 300 | 200 | 150 | 491 | 508 | 1 | 271 | 340 | 389 |
|  |  | Mean | 5.4 | 5.2 | 5.3 | 5.5 | 5.4 | 5.3 | 5.4 | 5.3 | 4.0 | 5.5 | 5.6 | 5.1 |
|  |  | Median | 6.0 | 5.0 | 6.0 | 6.0 | 6.0 | 5.0 | 6.0 | 6.0 | 4.0 | 6.0 | 6.0 | 5.0 |
|  | Very poor job (1) | \% | 6.7 | 9.8 | 7.0 | 5.8 | 6.4 | 6.4 | 6.6 | 6.8 | 19.6 | 5.7 | 6.8 | 7.4 |
|  | 2 | \% | 4.5 | 3.8 | 6.2 | 3.3 | 4.9 | 4.0 | 5.1 | 3.9 | 19.6 | 4.2 | 3.1 | 5.9 |
|  | 3 | \% | 6.9 | 8.8 | 6.5 | 5.4 | 6.5 | 10.1 | 6.7 | 7.1 | 0.0 | 6.1 | 6.8 | 7.7 |
|  | 4 | \% | 8.9 | 5.6 | 7.8 | 8.9 | 9.2 | 12.5 | 8.9 | 8.9 | 19.6 | 9.2 | 7.2 | 10.1 |
|  | 5 | \% | 15.4 | 17.6 | 14.3 | 16.2 | 14.6 | 15.4 | 15.5 | 15.3 | 0.0 | 15.9 | 14.2 | 16.2 |
|  | 6 | \% | 15.3 | 13.3 | 15.5 | 17.4 | 16.9 | 9.8 | 16.1 | 14.5 | 21.6 | 17.5 | 19.3 | 10.2 |
|  | 7 | \% | 16.6 | 18.0 | 14.5 | 17.0 | 15.9 | 19.4 | 16.5 | 16.8 | 19.6 | 18.9 | 16.1 | 15.5 |
|  | 8 | \% | 9.0 | 5.3 | 9.2 | 9.9 | 10.0 | 7.8 | 9.3 | 8.6 | 0.0 | 8.8 | 9.5 | 8.6 |
|  | 9 | \% | 2.2 | 3.0 | 3.1 | 1.0 | 2.7 | 1.9 | 2.5 | 1.9 | 0.0 | 2.6 | 3.3 | 0.9 |
|  | Very good job (10) | \% | 2.1 | 2.6 | 2.0 | 2.2 | 1.2 | 2.9 | 2.8 | 1.4 | 0.0 | 2.8 | 2.5 | 1.3 |
|  | Unsure | \% | 12.4 | 12.3 | 14.0 | 12.8 | 11.7 | 9.8 | 10.0 | 14.7 | 0.0 | 8.4 | 11.2 | 16.1 |

## 2019-1499 - Mental Health Commission of Canada - Survey - STAT SHEET

Overall, please rate the job the following have done on mental health care where 1 is a very poor job and 10 a very good job? [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ 2019-09 \\ \hline \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \\ \hline \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Yourprovincialgovernment | Total | Unwgt <br> N | 1004 | 94 | 250 | 302 | 207 | 151 | 498 | 500 | 6 | 316 | 396 | 292 |
|  |  | Wgt N | 1000 | 100 | 250 | 300 | 200 | 150 | 491 | 508 | 1 | 271 | 340 | 389 |
|  |  | Mean | 5.3 | 5.0 | 5.6 | 4.9 | 5.5 | 5.5 | 5.3 | 5.3 | 4.4 | 5.4 | 5.5 | 5.1 |
|  |  | Median | 5.0 | 5.0 | 6.0 | 5.0 | 6.0 | 6.0 | 5.0 | 5.0 | 4.0 | 6.0 | 6.0 | 5.0 |
|  | Very poor job (1) | \% | 7.4 | 7.8 | 5.0 | 10.6 | 6.4 | 6.0 | 8.0 | 6.8 | 19.6 | 5.7 | 8.4 | 7.7 |
|  | 2 | \% | 3.6 | 2.6 | 2.9 | 4.6 | 2.6 | 4.8 | 3.4 | 3.8 | 0.0 | 4.1 | 3.3 | 3.5 |
|  | 3 | \% | 8.9 | 11.6 | 10.3 | 6.1 | 11.1 | 7.2 | 10.3 | 7.5 | 0.0 | 8.9 | 6.7 | 10.7 |
|  | 4 | \% | 8.6 | 11.8 | 5.8 | 8.6 | 9.8 | 9.4 | 7.5 | 9.7 | 39.2 | 9.2 | 7.1 | 9.5 |
|  | 5 | \% | 17.7 | 18.1 | 14.9 | 22.5 | 13.9 | 17.8 | 17.0 | 18.5 | 0.0 | 16.6 | 16.7 | 19.5 |
|  | 6 | \% | 14.0 | 12.5 | 15.0 | 14.7 | 12.8 | 13.3 | 15.5 | 12.5 | 21.6 | 15.9 | 16.3 | 10.5 |
|  | 7 | \% | 16.0 | 14.5 | 17.7 | 12.1 | 19.4 | 17.6 | 17.3 | 14.8 | 19.6 | 17.9 | 15.0 | 15.6 |
|  | 8 | \% | 8.9 | 5.1 | 11.3 | 5.0 | 11.2 | 12.0 | 8.2 | 9.6 | 0.0 | 6.5 | 12.4 | 7.5 |
|  | 9 | \% | 2.6 | 2.1 | 3.1 | 2.9 | 3.2 | 0.6 | 2.5 | 2.7 | 0.0 | 3.8 | 2.3 | 2.0 |
|  | Very good job (10) | \% | 2.1 | 1.4 | 2.7 | 1.2 | 2.1 | 3.5 | 2.5 | 1.7 | 0.0 | 3.2 | 2.5 | 1.0 |
|  | Unsure | \% | 10.3 | 12.5 | 11.4 | 11.6 | 7.7 | 7.7 | 7.9 | 12.6 | 0.0 | 8.2 | 9.4 | 12.6 |

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Overall, please rate the job the following have done on mental health care where $\mathbf{1}$ is a very poor job and 10 a very good job? [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{aligned} & \text { Canada } \\ & \text { 2019-09 } \end{aligned}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \\ \hline \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Your local health care | Total | Unwgt N | 1004 | 94 | 250 | 302 | 207 | 151 | 498 | 500 | 6 | 316 | 396 | 292 |
| services |  | Wgt N | 1000 | 100 | 250 | 300 | 200 | 150 | 491 | 508 | 1 | 271 | 340 | 389 |
|  |  | Mean | 6.2 | 5.5 | 6.3 | 6.2 | 6.3 | 6.2 | 6.2 | 6.2 | 6.0 | 6.2 | 6.2 | 6.1 |
|  |  | Median | 7.0 | 5.0 | 7.0 | 6.0 | 7.0 | 7.0 | 6.0 | 7.0 | 6.0 | 7.0 | 7.0 | 6.0 |
|  | Very poor job (1) | \% | 3.7 | 3.2 | 4.4 | 4.1 | 1.9 | 4.6 | 3.6 | 3.8 | 0.0 | 4.0 | 4.1 | 3.1 |
|  | 2 | \% | 2.3 | 4.9 | 2.5 | 2.3 | 0.8 | 2.0 | 2.6 | 1.9 | 19.6 | 2.0 | 1.0 | 3.6 |
|  | 3 | \% | 4.5 | 8.8 | 4.3 | 3.4 | 6.5 | 1.9 | 3.5 | 5.5 | 0.0 | 5.4 | 4.7 | 3.9 |
|  | 4 | \% | 6.7 | 8.7 | 5.3 | 4.1 | 10.5 | 7.6 | 6.5 | 6.8 | 0.0 | 6.1 | 5.1 | 8.5 |
|  | 5 | \% | 14.1 | 18.4 | 9.0 | 16.4 | 14.3 | 15.1 | 14.9 | 13.3 | 19.6 | 14.9 | 14.4 | 13.3 |
|  | 6 | \% | 13.3 | 7.8 | 16.5 | 14.9 | 10.5 | 12.4 | 14.2 | 12.5 | 19.6 | 13.1 | 16.7 | 10.5 |
|  | 7 | \% | 20.5 | 18.5 | 17.5 | 22.2 | 21.9 | 21.5 | 19.7 | 21.2 | 21.6 | 23.7 | 20.4 | 18.3 |
|  | 8 | \% | 14.9 | 11.0 | 16.3 | 13.4 | 18.0 | 14.2 | 15.8 | 14.1 | 0.0 | 14.3 | 17.4 | 13.2 |
|  | 9 | \% | 4.9 | 2.1 | 5.2 | 4.9 | 5.1 | 6.0 | 4.6 | 5.2 | 0.0 | 4.5 | 5.0 | 5.1 |
|  | Very good job (10) | \% | 4.5 | 2.6 | 5.3 | 3.9 | 4.9 | 5.1 | 4.3 | 4.7 | 19.6 | 4.9 | 3.4 | 5.2 |
|  | Unsure | \% | 10.6 | 14.1 | 13.8 | 10.4 | 5.7 | 9.5 | 10.2 | 10.9 | 0.0 | 7.2 | 7.8 | 15.3 |


|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ \text { 2019-09 } \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \\ \hline \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Should funding for mental | Total | Unwgt <br> N | 1001 | 94 | 248 | 301 | 207 | 151 | 495 | 500 | 6 | 315 | 396 | 290 |
| health care be |  | Wgt N | 996 | 100 | 248 | 298 | 200 | 150 | 487 | 508 | 1 | 271 | 340 | 386 |
| less than funding for | Higher | \% | 27.0 | 21.8 | 30.7 | 26.3 | 27.2 | 25.3 | 31.5 | 22.6 | 41.2 | 29.8 | 27.0 | 25.0 |
| problems? | The same | \% | 57.5 | 57.2 | 60.6 | 55.5 | 57.4 | 56.6 | 50.8 | 63.9 | 58.8 | 55.4 | 58.2 | 58.3 |
|  | Less | \% | 7.7 | 12.0 | 5.3 | 9.7 | 9.0 | 3.2 | 9.9 | 5.7 | 0.0 | 8.4 | 6.1 | 8.8 |
|  | Unsure | \% | 7.8 | 8.9 | 3.3 | 8.5 | 6.4 | 15.0 | 7.8 | 7.8 | 0.0 | 6.4 | 8.7 | 8.0 |

Nanos conducted an online survey of 1,004 Canadians, 18 years of age or older, between September $15^{\text {th }}$ and $17^{\text {th }}, 2019$.

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Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ \text { 2019-09 } \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \\ \hline \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Increase funding for mental health care. | Total | Unwgt <br> N | 999 | 94 | 249 | 301 | 206 | 149 | 497 | 496 | 6 | 315 | 394 | 290 |
|  |  | Wgt N | 994 | 100 | 249 | 299 | 198 | 148 | 490 | 503 | 1 | 271 | 338 | 385 |
|  | High priority | \% | 51.7 | 50.5 | 56.6 | 51.7 | 45.8 | 52.2 | 46.5 | 56.7 | 80.4 | 47.4 | 50.8 | 55.4 |
|  | Medium priority | \% | 36.9 | 35.7 | 34.6 | 36.3 | 41.4 | 36.5 | 38.9 | 34.9 | 19.6 | 42.1 | 35.7 | 34.3 |
|  | Low priority | \% | 6.9 | 8.9 | 5.1 | 7.7 | 6.5 | 7.1 | 9.6 | 4.2 | 0.0 | 6.0 | 9.6 | 5.1 |
|  | Not a priority | \% | 1.7 | 2.3 | 0.9 | 1.8 | 2.6 | 1.5 | 1.9 | 1.5 | 0.0 | 1.5 | 1.0 | 2.5 |
|  | Unsure | \% | 2.9 | 2.6 | 2.7 | 2.6 | 3.7 | 2.8 | 3.1 | 2.6 | 0.0 | 3.0 | 2.9 | 2.8 |

Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ 2019-09 \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \\ \hline \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Increase funding for suicide | Total | Unwgt <br> N | 1001 | 94 | 249 | 300 | 207 | 151 | 497 | 498 | 6 | 316 | 394 | 291 |
| prevention |  | Wgt N | 997 | 100 | 249 | 298 | 200 | 150 | 490 | 506 | 1 | 271 | 338 | 387 |
|  | High priority | \% | 44.6 | 44.2 | 48.3 | 45.6 | 44.7 | 36.6 | 38.5 | 50.5 | 60.8 | 40.5 | 44.5 | 47.5 |
|  | Medium priority | \% | 40.7 | 41.2 | 38.3 | 37.8 | 39.6 | 51.8 | 43.2 | 38.3 | 39.2 | 44.5 | 39.6 | 39.0 |
|  | Low priority | \% | 8.0 | 9.1 | 8.1 | 9.8 | 6.5 | 5.4 | 10.5 | 5.6 | 0.0 | 8.6 | 9.6 | 6.2 |
|  | Not a priority | \% | 2.5 | 3.0 | 1.6 | 2.7 | 3.8 | 1.4 | 3.1 | 1.9 | 0.0 | 3.0 | 2.0 | 2.5 |
|  | Unsure | \% | 4.2 | 2.6 | 3.7 | 4.1 | 5.4 | 4.7 | 4.6 | 3.8 | 0.0 | 3.4 | 4.3 | 4.7 |

Nanos conducted an online survey of 1,004 Canadians, 18 years of age or older, between September $15^{\text {th }}$ and $17^{\text {th }}, 2019$.

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Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{aligned} & \text { Canada } \\ & \text { 2019-09 } \end{aligned}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Increase funding to improve | Total | Unwgt <br> N | 1001 | 94 | 249 | 301 | 206 | 151 | 498 | 497 | 6 | 316 | 395 | 290 |
| access to mental |  | Wgt N | 997 | 100 | 249 | 299 | 199 | 150 | 491 | 505 | 1 | 271 | 339 | 386 |
| professionals | High priority | \% | 54.6 | 50.2 | 60.7 | 53.8 | 52.8 | 51.3 | 48.7 | 60.3 | 80.4 | 54.2 | 50.1 | 58.8 |
| psychologists and | Medium priority | \% | 34.3 | 36.4 | 30.0 | 35.1 | 35.3 | 37.2 | 37.5 | 31.3 | 19.6 | 34.4 | 37.2 | 31.8 |
|  | Low priority | \% | 6.5 | 8.5 | 6.2 | 6.8 | 5.2 | 7.0 | 8.1 | 5.0 | 0.0 | 6.4 | 8.4 | 5.0 |
|  | Not a priority | \% | 1.7 | 2.3 | 0.7 | 2.1 | 2.6 | 0.9 | 2.3 | 1.1 | 0.0 | 2.0 | 1.0 | 2.1 |
|  | Unsure | \% | 2.8 | 2.6 | 2.4 | 2.1 | 4.1 | 3.5 | 3.4 | 2.3 | 0.0 | 3.1 | 3.3 | 2.3 |

Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ \text { 2019-09 } \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \\ \hline \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Increase funding for prevention and wellness promotion | Total | Unwgt <br> N | 1000 | 94 | 249 | 301 | 206 | 150 | 497 | 497 | 6 | 315 | 394 | 291 |
|  |  | Wgt N | 996 | 100 | 249 | 299 | 199 | 149 | 490 | 505 | 1 | 271 | 338 | 387 |
|  | High priority | \% | 42.1 | 41.7 | 43.0 | 44.1 | 40.1 | 39.5 | 37.3 | 46.7 | 41.2 | 41.9 | 39.8 | 44.2 |
|  | Medium priority | \% | 42.1 | 42.3 | 37.2 | 42.2 | 45.6 | 45.1 | 44.2 | 40.0 | 39.2 | 42.6 | 42.9 | 41.0 |
|  | Low priority | \% | 11.0 | 7.6 | 16.2 | 8.8 | 8.5 | 12.2 | 13.0 | 9.0 | 19.6 | 10.6 | 12.7 | 9.7 |
|  | Not a priority | \% | 1.7 | 1.2 | 1.3 | 1.9 | 2.9 | 0.9 | 2.1 | 1.4 | 0.0 | 2.1 | 1.0 | 2.1 |
|  | Unsure | \% | 3.1 | 7.3 | 2.2 | 3.1 | 2.9 | 2.3 | 3.3 | 2.9 | 0.0 | 2.8 | 3.6 | 3.0 |

Nanos conducted an online survey of 1,004 Canadians, 18 years of age or older, between September $15^{\text {th }}$ and $17^{\text {th }}, 2019$.

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|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ 2019-09 \\ \hline \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Have you or someone you | Total | Unwgt <br> N | 1003 | 94 | 250 | 302 | 206 | 151 | 497 | 500 | 6 | 316 | 396 | 291 |
| know ever |  | Wgt N | 999 | 100 | 250 | 300 | 199 | 150 | 490 | 508 | 1 | 271 | 340 | 387 |
| mental health | Yes | \% | 63.9 | 70.4 | 57.0 | 66.9 | 67.5 | 60.1 | 57.7 | 69.8 | 100.0 | 70.4 | 65.8 | 57.6 |
|  | No | \% | 28.4 | 23.9 | 35.7 | 22.4 | 29.0 | 30.4 | 34.2 | 22.8 | 0.0 | 22.6 | 26.0 | 34.6 |
|  | Rather not say | \% | 3.0 | 0.0 | 4.4 | 4.1 | 0.7 | 3.6 | 2.5 | 3.5 | 0.0 | 4.1 | 2.7 | 2.5 |
|  | Unsure | \% | 4.7 | 5.7 | 2.9 | 6.5 | 2.7 | 5.9 | 5.6 | 3.9 | 0.0 | 2.8 | 5.5 | 5.3 |


|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ \text { 2019-09 } \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \\ \hline \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \\ \hline \end{gathered}$ |
| Question - [IF HAS OR KNOWS | Total | Unwgt <br> N | 683 | 67 | 154 | 218 | 145 | 99 | 306 | 371 | 6 | 237 | 270 | 176 |
| SOMEONE WHO HAS EXPERIENCED A |  | Wgt N | 668 | 70 | 154 | 213 | 136 | 96 | 295 | 373 | 1 | 202 | 233 | 233 |
| MENTAL HEALTH PROBLEM OR ILLNESS] Are you | Living with a person with a mental health problem or illness | \% | 20.2 | 15.4 | 16.0 | 21.1 | 23.8 | 23.1 | 20.6 | 19.8 | 60.8 | 23.3 | 23.2 | 14.4 |
| for a person with a mental health problem or illness? | Caring for a person with a mental health problem or illness | \% | 6.0 | 3.7 | 5.5 | 5.6 | 8.7 | 5.5 | 9.0 | 3.6 | 0.0 | 5.1 | 7.3 | 5.5 |
|  | Living and caring for a person with a mental health problem or illness | \% | 7.6 | 6.1 | 7.1 | 9.0 | 8.0 | 6.2 | 6.7 | 8.4 | 0.0 | 10.3 | 7.0 | 6.0 |
|  | Not living or caring for a person with a mental health problem or illness | \% | 66.2 | 74.9 | 71.4 | 64.4 | 59.5 | 65.1 | 63.7 | 68.2 | 39.2 | 61.2 | 62.6 | 74.1 |

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|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ \text { 2019-09 } \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - [IF HAS OR KNOWS | Total | Unwgt N | 683 | 67 | 154 | 218 | 145 | 99 | 306 | 371 | 6 | 237 | 270 | 176 |
| SOMEONE WHO HAS EXPERIENCED A |  | Wgt N | 668 | 70 | 154 | 213 | 136 | 96 | 295 | 373 | 1 | 202 | 233 | 233 |
| MENTAL HEALTH PROBLEM OR | Yes | \% | 52.9 | 64.6 | 46.4 | 51.9 | 55.9 | 52.8 | 49.4 | 55.7 | 80.4 | 56.2 | 56.8 | 46.2 |
| ILLNESS] Have you or someone you | No | \% | 30.1 | 24.3 | 40.3 | 27.2 | 29.6 | 24.8 | 31.8 | 28.7 | 0.0 | 25.0 | 28.3 | 36.2 |
| know ever experienced delays in accessing service for a mental health problem or illness? | Unsure | \% | 17.0 | 11.1 | 13.3 | 20.9 | 14.5 | 22.4 | 18.8 | 15.6 | 19.6 | 18.8 | 14.9 | 17.6 |

Please rank the following as priorities for providing mental health services where $\mathbf{1}$ is the most important priority, $\mathbf{2}$ the second most important priority and so on. [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ \text { 2019-09 } \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Rank 1 | Total | Unwgt N | 993 | 94 | 247 | 297 | 204 | 151 | 491 | 496 | 6 | 311 | 391 | 291 |
|  |  | Wgt N | 991 | 100 | 248 | 295 | 198 | 150 | 486 | 505 | 1 | 268 | 336 | 388 |
|  | LGBTQ | \% | 5.7 | 2.1 | 4.9 | 5.4 | 8.9 | 5.5 | 4.0 | 7.2 | 0.0 | 9.1 | 4.9 | 3.9 |
|  | Seniors | \% | 15.9 | 17.6 | 18.5 | 12.9 | 13.5 | 19.8 | 18.5 | 13.4 | 19.6 | 12.9 | 14.3 | 19.4 |
|  | Indigenous peoples | \% | 8.5 | 8.6 | 5.8 | 9.7 | 9.6 | 9.0 | 8.0 | 9.0 | 0.0 | 9.7 | 8.6 | 7.5 |
|  | Youth | \% | 35.7 | 39.4 | 35.7 | 38.7 | 32.2 | 31.7 | 36.7 | 34.7 | 41.2 | 37.7 | 38.5 | 31.8 |
|  | Immigrants and refugees | \% | 5.1 | 6.1 | 5.0 | 5.7 | 5.8 | 2.9 | 4.5 | 5.7 | 39.2 | 4.0 | 5.7 | 5.4 |
|  | No difference | \% | 25.4 | 20.4 | 26.1 | 25.3 | 26.0 | 27.4 | 23.7 | 27.1 | 0.0 | 23.2 | 24.3 | 28.0 |
|  | Unsure | \% | 3.7 | 5.8 | 4.1 | 2.4 | 4.1 | 3.7 | 4.5 | 3.0 | 0.0 | 3.3 | 3.7 | 4.0 |

Nanos conducted an online survey of 1,004 Canadians, 18 years of age or older, between September $15^{\text {th }}$ and $17^{\text {th }}, 2019$.

## 2019-1499 - Mental Health Commission of Canada - Survey - STAT SHEET

Please rank the following as priorities for providing mental health services where $\mathbf{1}$ is the most important priority, $\mathbf{2}$ the second most important priority and so on. [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{aligned} & \text { Canada } \\ & \text { 2019-09 } \end{aligned}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Rank 2 | Total | Unwgt N | 811 | 77 | 195 | 243 | 178 | 118 | 410 | 395 | 6 | 250 | 323 | 238 |
|  |  | Wgt N | 806 | 81 | 196 | 240 | 172 | 117 | 408 | 398 | 1 | 213 | 276 | 316 |
|  | LGBTQ | \% | 13.4 | 14.3 | 7.4 | 15.7 | 14.3 | 16.8 | 10.6 | 16.3 | 21.6 | 17.2 | 13.1 | 11.1 |
|  | Seniors | \% | 31.3 | 28.3 | 36.6 | 29.7 | 33.4 | 24.4 | 31.2 | 31.4 | 0.0 | 24.8 | 33.9 | 33.4 |
|  | Indigenous peoples | \% | 14.4 | 16.1 | 16.7 | 17.0 | 9.8 | 10.8 | 14.2 | 14.5 | 58.8 | 15.8 | 15.0 | 12.9 |
|  | Youth | \% | 26.7 | 27.0 | 24.7 | 24.2 | 27.8 | 33.2 | 27.4 | 25.9 | 0.0 | 25.5 | 23.1 | 30.6 |
|  | Immigrants and refugees | \% | 6.4 | 3.7 | 5.9 | 6.3 | 7.5 | 7.4 | 7.5 | 5.2 | 19.6 | 11.0 | 6.2 | 3.4 |
|  | No difference | \% | 4.4 | 9.2 | 5.1 | 3.9 | 2.8 | 3.6 | 4.9 | 4.0 | 0.0 | 3.2 | 5.5 | 4.3 |
|  | Unsure | \% | 3.4 | 1.3 | 3.5 | 3.3 | 4.4 | 3.8 | 4.2 | 2.7 | 0.0 | 2.4 | 3.3 | 4.3 |

Please rank the following as priorities for providing mental health services where $\mathbf{1}$ is the most important priority, $\mathbf{2}$ the second most important priority and so on. [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{gathered} \text { Canada } \\ \text { 2019-09 } \end{gathered}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \end{gathered}$ | 55 plus |
| Question - Rank 3 | Total | Unwgt N | 747 | 71 | 180 | 224 | 165 | 107 | 369 | 372 | 6 | 233 | 291 | 223 |
|  |  | Wgt N | 744 | 74 | 181 | 223 | 159 | 106 | 367 | 376 | 1 | 199 | 249 | 296 |
|  | LGBTQ | \% | 16.4 | 10.5 | 17.6 | 17.3 | 13.7 | 20.9 | 14.9 | 17.8 | 58.8 | 16.4 | 15.8 | 16.9 |
|  | Seniors | \% | 18.7 | 20.4 | 16.5 | 20.5 | 17.2 | 19.4 | 19.2 | 18.2 | 0.0 | 21.9 | 16.0 | 18.8 |
|  | Indigenous peoples | \% | 28.7 | 36.9 | 30.1 | 28.6 | 28.3 | 21.5 | 27.6 | 29.8 | 19.6 | 26.1 | 26.5 | 32.4 |
|  | Youth | \% | 16.7 | 17.5 | 16.1 | 15.9 | 18.4 | 16.2 | 15.7 | 17.7 | 19.6 | 13.5 | 19.7 | 16.3 |
|  | Immigrants and refugees | \% | 11.6 | 4.9 | 13.4 | 10.3 | 12.9 | 14.0 | 14.6 | 8.7 | 2.0 | 17.6 | 11.3 | 7.9 |
|  | No difference | \% | 5.4 | 2.8 | 5.0 | 6.0 | 5.3 | 7.2 | 4.8 | 6.1 | 0.0 | 2.5 | 7.2 | 5.9 |
|  | Unsure | \% | 2.4 | 6.8 | 1.3 | 1.4 | 4.2 | 0.9 | 3.3 | 1.6 | 0.0 | 2.0 | 3.5 | 1.9 |

Nanos conducted an online survey of 1,004 Canadians, 18 years of age or older, between September $15^{\text {th }}$ and $17^{\text {th }}, 2019$.

## 2019-1499 - Mental Health Commission of Canada - Survey - STAT SHEET

Please rank the following as priorities for providing mental health services where $\mathbf{1}$ is the most important priority, $\mathbf{2}$ the second most important priority and so on. [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{aligned} & \text { Canada } \\ & \text { 2019-09 } \end{aligned}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \\ \hline \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Rank 4 | Total | Unwgt <br> N | 694 | 63 | 169 | 210 | 155 | 97 | 342 | 347 | 5 | 214 | 268 | 212 |
|  |  | Wgt N | 693 | 66 | 171 | 209 | 151 | 96 | 343 | 350 | 0 | 183 | 229 | 281 |
|  | LGBTQ | \% | 21.4 | 30.9 | 19.4 | 22.1 | 22.5 | 15.1 | 22.1 | 20.7 | 0.0 | 20.3 | 21.5 | 22.0 |
|  | Seniors | \% | 18.9 | 19.2 | 14.5 | 20.3 | 19.5 | 22.9 | 17.8 | 20.0 | 73.2 | 20.5 | 19.6 | 17.4 |
|  | Indigenous peoples | \% | 23.5 | 15.5 | 25.5 | 24.4 | 20.5 | 27.8 | 21.6 | 25.3 | 2.4 | 22.0 | 23.2 | 24.6 |
|  | Youth | \% | 8.6 | 3.5 | 9.2 | 7.0 | 12.5 | 8.2 | 8.7 | 8.5 | 0.0 | 8.5 | 7.0 | 9.9 |
|  | Immigrants and refugees | \% | 21.3 | 23.3 | 22.6 | 19.8 | 20.3 | 22.8 | 22.7 | 20.0 | 24.4 | 26.4 | 18.6 | 20.2 |
|  | No difference | \% | 3.8 | 6.0 | 5.6 | 2.5 | 2.8 | 3.2 | 3.7 | 3.9 | 0.0 | 1.3 | 6.9 | 2.9 |
|  | Unsure | \% | 2.6 | 1.6 | 3.2 | 4.0 | 1.9 | 0.0 | 3.5 | 1.7 | 0.0 | 1.1 | 3.2 | 3.0 |

Please rank the following as priorities for providing mental health services where $\mathbf{1}$ is the most important priority, $\mathbf{2}$ the second most important priority and so on. [RANDOMIZE]

|  |  |  | Region |  |  |  |  |  | Gender |  |  | Age |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{aligned} & \text { Canada } \\ & \text { 2019-09 } \end{aligned}$ | Atlantic | Quebec | Ontario | Prairies | British Columbia | Male | Female | Other | $\begin{gathered} 18 \text { to } \\ 34 \\ \hline \end{gathered}$ | $\begin{gathered} 35 \text { to } \\ 54 \\ \hline \end{gathered}$ | $\begin{gathered} 55 \\ \text { plus } \end{gathered}$ |
| Question - Rank 5 | Total | Unwgt <br> N | 645 | 57 | 152 | 195 | 147 | 94 | 322 | 318 | 5 | 198 | 253 | 194 |
|  |  | Wgt N | 642 | 59 | 152 | 193 | 143 | 94 | 323 | 318 | 0 | 169 | 216 | 256 |
|  | LGBTQ | \% | 24.1 | 26.5 | 33.5 | 16.9 | 26.9 | 17.6 | 27.8 | 20.3 | 24.4 | 21.6 | 22.1 | 27.3 |
|  | Seniors | \% | 11.6 | 7.2 | 8.6 | 13.4 | 13.1 | 12.8 | 10.6 | 12.5 | 2.4 | 18.5 | 11.7 | 6.8 |
|  | Indigenous peoples | \% | 12.2 | 12.0 | 9.2 | 11.2 | 13.8 | 17.0 | 13.1 | 11.4 | 24.4 | 12.2 | 12.9 | 11.7 |
|  | Youth | \% | 5.1 | 5.4 | 5.7 | 5.3 | 4.1 | 5.1 | 4.4 | 5.7 | 48.8 | 6.7 | 4.3 | 4.7 |
|  | Immigrants and refugees | \% | 37.0 | 39.8 | 35.5 | 39.0 | 33.4 | 38.9 | 32.6 | 41.5 | 0.0 | 33.7 | 38.2 | 38.1 |
|  | No difference | \% | 4.4 | 3.5 | 1.6 | 7.1 | 3.6 | 4.9 | 5.8 | 2.9 | 0.0 | 4.9 | 5.0 | 3.4 |
|  | Unsure | \% | 5.7 | 5.5 | 5.9 | 7.0 | 5.2 | 3.7 | 5.8 | 5.7 | 0.0 | 2.3 | 5.8 | 7.9 |

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