Three in four Canadians say mental health care is an important priority for them; over six in ten report they or someone they know has experienced a mental health problem or illness

MHCC | Summary |

Conducted by Nanos for Mental Health Commission of Canada, September 2019 Submission 2019-1499







SUMMARY





More than three in four Canadians say mental health care is an important priority for them

Three in four Canadians say mental health care is an important priority for them and more than six in ten report they or someone they know has experienced a mental health problem or illness. Among those who report having or knowing who has experienced a mental health illness, over one in two report they or someone they know has experienced delays accessing services. To follow is a summary of the results from the survey.

Mental versus physical health

- More than three in four Canadians say mental health care is an important priority for them Asked to rate the importance of mental health care as a priority to them on a scale from 1 to 10, where 1 is not at all important and 10 is very important, over three in four Canadians say it is an important priority to them (77%)(score of 8-10), giving this a mean score of 8.6 out of 10. Two in ten say this is of average importance to them as a priority (20%)(score of 4-7), while two per cent say this is not important (score of 1-3). Two per cent are unsure.
- A majority of Canadians say mental and physical health care are equally important More than eight in ten Canadians (85%) say mental and physical health care are equally important, while 10 per cent say mental health care is more important than physical health care, and four per cent say mental health care is less important than physical health care. One per cent are unsure.
- Canadians give the federal government a mean score of 5.4 out of 10 in terms of the job its done on mental health care Asked to rate the job the federal government has done on mental health care from 1 to 10, where 1 is a very poor job and 10 is a very good job, Canadians gave this a mean score of 5.4 out of 10. Over half say the federal government has done an average job at this (56%)(score of 4-7), while under two in ten say it has done a poor job (18%)(score of 1-3), and over one in ten say it has done a good job (13%)(score of 8-10). Twelve per cent are unsure.

SUMMARY





A majority of
Canadians say
increasing funding
for various
aspects of mental
health care should
be high or
medium priorities

- Canadians give their provincial government a mean score of 5.3 out of 10 in terms of the job its done on mental health care Asked to rate the job their provincial government has done on mental health care from 1 to 10, where 1 is a very poor job and 10 is a very good job, Canadians gave this a mean score of 5.3 out of 10. Nearly six in ten say their provincial government has done an average job at this (56%)(score of 4-7), while two in ten say it has done a poor job (20%)(score of 1-3), and 14 per cent say it has done a good job (score of 8-10). Ten per cent are unsure. Ontario residents gave the lowest mean score (4.9 out of 10), while Quebec residents gave the highest (5.6 out of 10).
- Canadians give their local health care services a mean score of 6.2 out of 10 in terms of the job its done on mental health care Asked to rate the job their local health care services have done on mental health care from 1 to 10, where 1 is a very poor job and 10 is a very good job, Canadians gave this a mean score of 6.2 out of 10. Over half say their local health services have done an average job at this (55%)(score of 4-7), while nearly one in four say they have done a good job (24%)(score of 8-10), and 11 per cent say they have done a poor job (score of 1-3). Eleven per cent are unsure. Atlantic Canadians gave the lowest mean score (5.5 out of 10).

Funding priorities

- Nearly six in ten Canadians say funding for mental and physical health care should be the same A comfortable majority of Canadians say funding for mental health care should be the same as funding for physical health problems (58%), while more than one in four say mental health care funding should be higher (27%), and eight per cent say it should be lower than physical health care funding. Eight per cent are unsure. Women were more likely to say funding should be the same (64%) than men (51%), while men were more likely to say funding should be higher (32%; 23% of women).
- Nearly nine in ten Canadians say increasing funding for mental health care should be a high or medium priority A majority of Canadians say increasing funding for mental health care should be a high (52%) or medium (37%) priority, while under one in ten say this should be a low priority (seven per cent) or not a priority (two per cent). Three per cent are unsure.
- More than eight in ten Canadians say increasing funding for suicide prevention programs should be a high or medium priority Over eight in ten Canadians say increasing funding for suicide prevention programs should be a high (45%) or medium (41%) priority, while just over one ten say this should be a low priority (eight per cent) or not a priority (three per cent). Four per cent are unsure. Women were more likely to say this should be a high priority (51%) than men (39%).

SUMMARY







- About nine in ten Canadians say increasing funding to improve access to mental health care professionals should be a high or medium priority A majority of Canadians say increasing funding to improve access to mental health care professionals (including psychologists and counsellors) should be a high (55%) or medium (34%) priority, while fewer than one ten say this should be a low priority (seven per cent) or not a priority (two per cent). Three per cent are unsure. Quebec residents were more likely to say this should be a high priority (61%) than residents of Atlantic Canada (50%) or British Columbia (51%).
- A majority of Canadians say increasing funding for prevention and wellness promotion should be a high or medium priority A majority of Canadians say increasing funding for prevention and wellness promotion should be a high (42%) or medium (42%) priority, while over one ten say this should be a low priority (11%) or not a priority (two per cent). Three per cent are unsure.

Experience with mental health problem or illness

- More than six in ten Canadians report they or someone they know has experienced a mental health problem or illness Over six in ten Canadians (64%) report they or someone they know has experienced a mental health problem or illness, while 28 per cent report neither they nor someone they know has experienced this. Three per cent declined to respond, and five per cent are unsure. Atlantic Canadians were more likely to report they or someone they know having experienced this (70%), while Quebec residents were less likely to report this (57%), and women were more likely to report this (70%) than men (58%). In addition, younger Canadians (18 to 34) were more likely to report this (70%) than Canadians 55 plus (58%).
- Among those who report they or someone they know has experienced a mental health problem or illness, two in three report they are not living with or caring for a person with a mental health illness Among those Canadians who report they or someone they know has experienced a mental health problem or illness, two in three report they are not living with or caring for a person with a mental health problem or illness (66%), while 20 per cent report they are living with and caring for a person with a mental health problem or illness. Eight per cent report they are living with and caring for a person with a mental health illness, while six per cent report caring for a person with a mental health illness. Residents of Atlantic Canada (75%) and Quebec (71%) were more likely to report not living with or caring for a person with a mental health or illness, compared to Ontarians (64%) and residents of the Prairies (60%).

SUMMARY





Over one in three Canadians rank youth first as the highest priority for providing mental health services

- Among those who report they or someone they know has experienced a mental health problem or illness, over half report they or someone they know has experienced delays in accessing services for their mental health illness Among those Canadians who report they or someone they know has experienced a mental health problem or illness, over one in two (53%) report they or someone they know has experienced delays in accessing services for a mental health problem or illness, while 30 per cent report neither they nor someone they know has experienced delays, and 17 per cent are unsure. Quebec residents were the least likely to report experiencing delays (46%), while Atlantic Canadians were the most likely to report this (65%).
- Canadians most often rank youth first in terms of priorities for providing mental health services Asked to rank groups in terms of the highest priorities for providing mental health services, Canadians most often ranked youth first (36%), followed by no difference (25%), seniors (16%), Indigenous peoples (nine per cent), LGBTQ (six per cent), and immigrants and refugees (five per cent). Four per cent are unsure.

Nanos conducted an online survey of 1,004 Canadians, 18 years of age and older, between September 15th and 17th, 2019. Participants were administered a survey online. The results were statistically checked and weighted by age using the latest Census information and the sample is geographically stratified to be representative of Canada. No margin of error applies to this research.

The research was commissioned by the Mental Health Commission of Canada and was conducted by Nanos Research.

Mental versus physical health



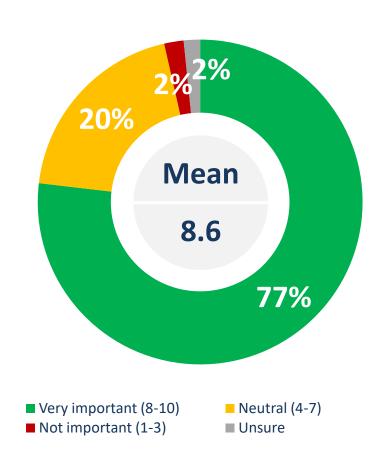




Importance of mental health







	Mean
Atlantic (n=94)	8.4
Quebec (n=250)	8.6
Ontario (n=302)	8.6
Prairies (n=207)	8.6
British Columbia (n=151)	8.4
Male (n=498)	8.3
Female (n=500)	8.8
18 to 34 (n=316)	8.6
35 to 54 (n=396)	8.6
55 plus (n=292)	8.5

^{*}Weighted to the true population proportion.

QUESTION – On a scale of 1 to 10 where 1 is not at all important and 10 is very important, how you would you rate the importance of mental health care as a priority for you?

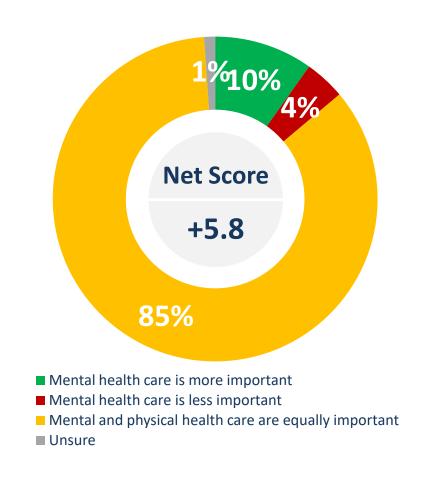
^{*}Charts may not add up to 100 due to rounding.

Importance of mental health care compared to physical health care





Faually



	important
Atlantic (n=94)	86.2%
Quebec (n=250)	83.6%
Ontario (n=302)	85.3%
Prairies (n=207)	83.0%
British Columbia (n=151)	89.0%
Male (n=498)	80.2%
Female (n=500)	89.7%
18 to 34 (n=316)	81.9%
35 to 54 (n=396)	83.4%
55 plus (n=292)	88.7%

^{*}Weighted to the true population proportion.

QUESTION – Is mental health care more important, less important or just as important as physical health care?

^{*}Charts may not add up to 100 due to rounding.

Job performance for mental health







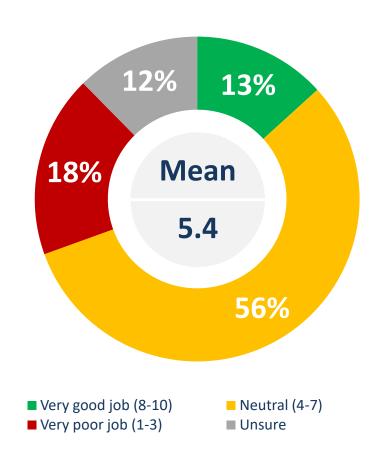
QUESTION – Overall, please rate the job the following have done on mental health care where 1 is a very poor job and 10 a very good job? [RANDOMIZE]

MANIOC DECEADOR

Job performance of federal government on mental health







	Mean
Atlantic (n=94)	5.2
Quebec (n=250)	5.3
Ontario (n=302)	5.5
Prairies (n=207)	5.4
British Columbia (n=151)	5.3
Male (n=498)	5.4
Female (n=500)	5.3
18 to 34 (n=316)	5.5
35 to 54 (n=396)	5.6
55 plus (n=292)	5.1

^{*}Weighted to the true population proportion.

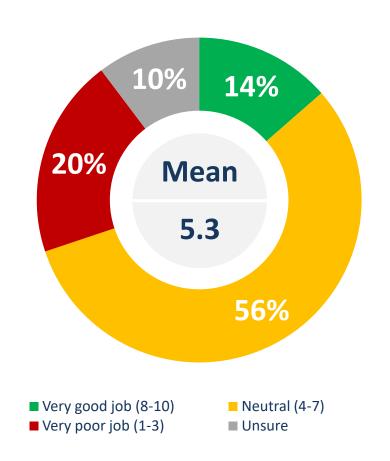
QUESTION – Overall, please rate the job the following have done on mental health care where 1 is a very poor job and 10 a very good job? [RANDOMIZE]

Federal Government

^{*}Charts may not add up to 100 due to rounding.

Job performance of provincial government on mental health





	Mean
Atlantic (n=94)	5.0
Quebec (n=250)	5.6
Ontario (n=302)	4.9
Prairies (n=207)	5.5
British Columbia (n=151)	5.5
Male (n=498)	5.3
Female (n=500)	5.3
18 to 34 (n=316)	5.4
35 to 54 (n=396)	5.5
55 plus (n=292)	5.1
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^{*}Weighted to the true population proportion.

QUESTION – Overall, please rate the job the following have done on mental health care where 1 is a very poor job and 10 a very good job? [RANDOMIZE]

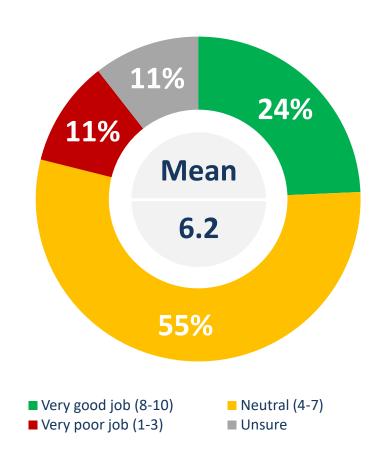
Provincial Government

^{*}Charts may not add up to 100 due to rounding.

Job performance of local community on mental health







	Mean
Atlantic (n=94)	5.5
Quebec (n=250)	6.3
Ontario (n=302)	6.2
Prairies (n=207)	6.3
British Columbia (n=151)	6.2
Male (n=498)	6.2
Female (n=500)	6.2
18 to 34 (n=316)	6.2
35 to 54 (n=396)	6.2
55 plus (n=292)	6.1

^{*}Weighted to the true population proportion.

QUESTION – Overall, please rate the job the following have done on mental health care where 1 is a very poor job and 10 a very good job? [RANDOMIZE]

Your local health care services

^{*}Charts may not add up to 100 due to rounding.

Funding priorities





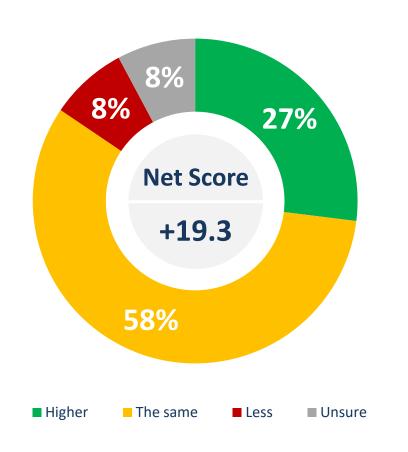


Funding for mental health





The same



	ine same
Atlantic (n=94)	57.2%
Quebec (n=248)	60.6%
Ontario (n=301)	55.5%
Prairies (n=207)	57.4%
British Columbia (n=151)	56.6%
Male (n=495)	50.8%
Female (n=500)	63.9%
18 to 34 (n=315)	55.4%
35 to 54 (n=396)	58.2%
55 plus (n=290)	58.3%

^{*}Weighted to the true population proportion.

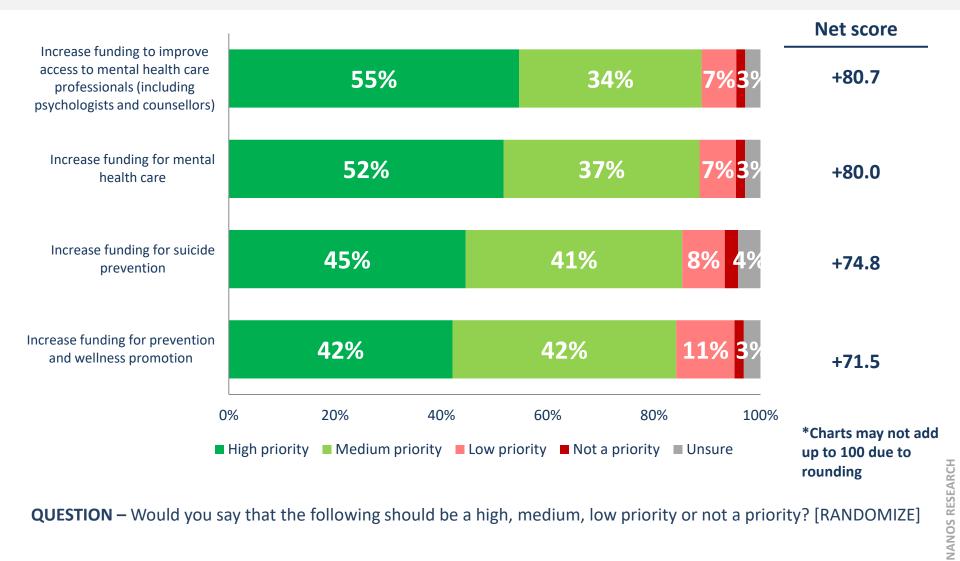
QUESTION – Should funding for mental health care be higher, the same or less than funding for physical health problems?

^{*}Charts may not add up to 100 due to rounding.

Mental health funding priorities







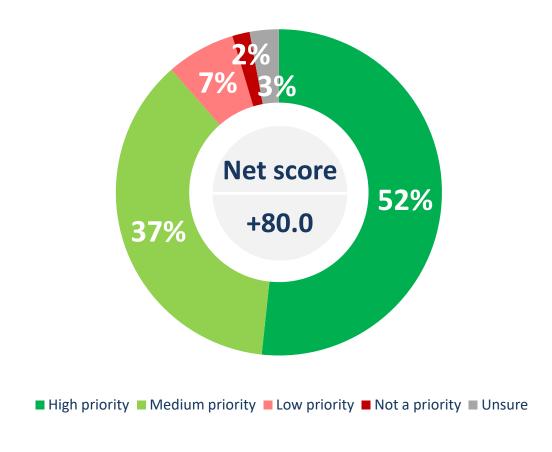
QUESTION – Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE]

Increasing funding for mental health





11:-1-/



	High/ medium priority
Atlantic (n=94)	86.2%
Quebec (n=249)	91.2%
Ontario (n=301)	88.0%
Prairies (n=206)	87.2%
British Columbia (n=149)	88.7%
Male (n=497)	85.4%
Female (n=496)	91.6%
18 to 34 (n=315)	89.5%
35 to 54 (n=394)	86.5%
55 plus (n=290)	89.7%

^{*}Weighted to the true population proportion.

QUESTION – Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE] **Increase funding for mental health care.**

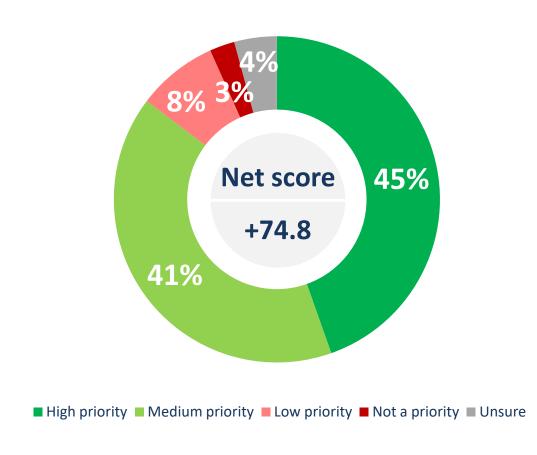
^{*}Charts may not add up to 100 due to rounding.

Increasing funding for suicide prevention programs





High /



	High/ medium priority
Atlantic (n=94)	85.4%
Quebec (n=249)	86.6%
Ontario (n=300)	83.4%
Prairies (n=207)	84.3%
British Columbia (n=151)	88.4%
Male (n=497)	81.7%
Female (n=498)	88.8%
18 to 34 (n=316)	85.0%
35 to 54 (n=394)	84.1%
55 plus (n=291)	86.5%
Acceptable and the second second	

^{*}Weighted to the true population proportion.

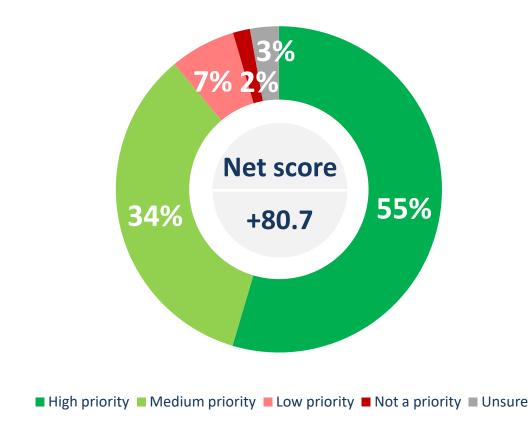
QUESTION – Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE] **Increase funding for suicide prevention programs**

^{*}Charts may not add up to 100 due to rounding.

Increasing funding for access to mental health professionals







	High/ medium priority
Atlantic (n=94)	86.6%
Quebec (n=249)	90.7%
Ontario (n=301)	88.9%
Prairies (n=206)	88.1%
British Columbia (n=151)	88.5%
Male (n=498)	86.2%
Female (n=497)	91.6%
18 to 34 (n=316)	88.6%
35 to 54 (n=395)	87.3%
55 plus (n=290)	90.6%

^{*}Weighted to the true population proportion.

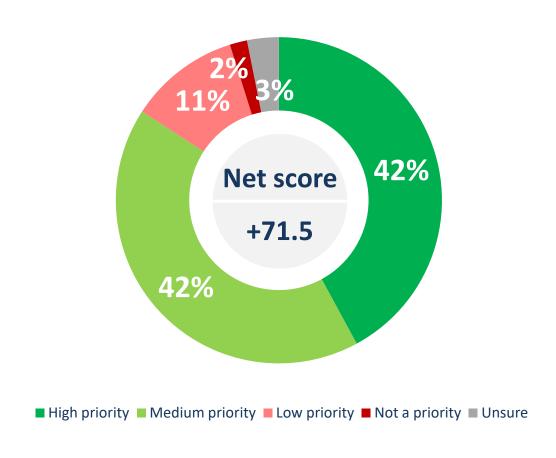
QUESTION – Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE] **Increase funding to improve access to mental health care professionals (including psychologists and counsellors)**

^{*}Charts may not add up to 100 due to rounding.

Increasing funding for prevention and wellness programs







	High/ medium priority
Atlantic (n=94)	84.0%
Quebec (n=249)	80.2%
Ontario (n=301)	86.3%
Prairies (n=206)	85.7%
British Columbia (n=150)	84.6%
Male (n=497)	81.5%
Female (n=497)	86.7%
18 to 34 (n=315)	84.5%
35 to 54 (n=394)	82.7%
55 plus (n=291)	85.2%
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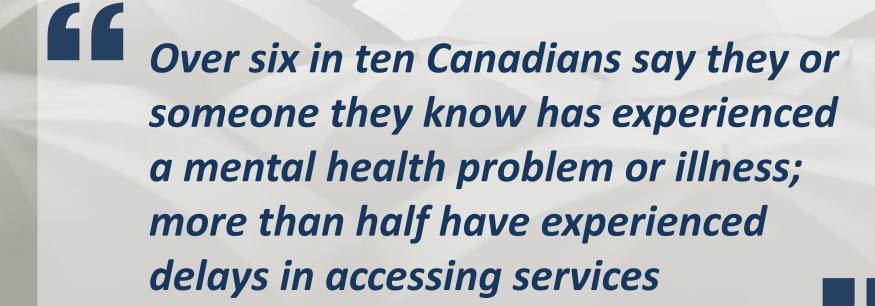
^{*}Weighted to the true population proportion.

QUESTION – Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE] **Increase funding for prevention and wellness promotion**

^{*}Charts may not add up to 100 due to rounding.

Experience with mental health problem or illness

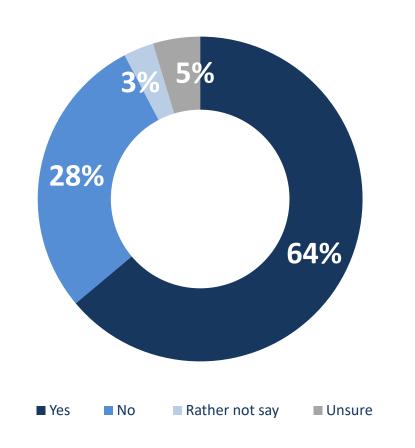




Experiencing mental health problem or illness







	Yes
Atlantic (n=94)	70.4%
Quebec (n=250)	57.0%
Ontario (n=302)	66.9%
Prairies (n=206)	67.5%
British Columbia (n=151)	60.1%
Male (n=497)	57.7%
Female (n=500)	69.8%
18 to 34 (n=316)	70.4%
35 to 54 (n=396)	65.8%
55 plus (n=291)	57.6%
and the second second	_

^{*}Weighted to the true population proportion.

QUESTION – Have you or someone you know ever experienced a mental health problem or illness?

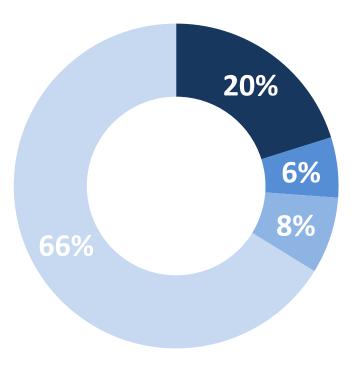
^{*}Charts may not add up to 100 due to rounding.

Living with or caring for a person struggling with mental health





Not living with or caring for a person with a mental



■ Living with a pers	son with a men	ital health prob	lem or illness
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- Caring for a person with a mental health problem or illness
- Living and caring for a person with a mental health problem or illness
- Not living or caring for a person with a mental health problem or illness

	health illness
Atlantic (n=67)	74.9%
Quebec (n=154)	71.4%
Ontario (n=218)	64.4%
Prairies (n=145)	59.5%
British Columbia (n=99)	65.1%
Male (n=306)	63.7%
Female (n=371)	68.2%
18 to 34 (n=237)	61.2%
35 to 54 (n=270)	62.6%
55 plus (n=176)	74.1%

^{*}Weighted to the true population proportion.

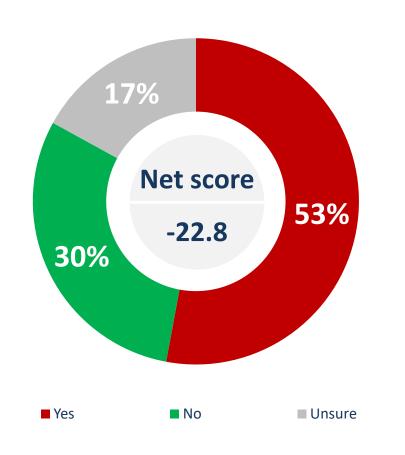
QUESTION – [IF YES TO Q11] Are you living with or caring for a person with a mental health problem or illness?

^{*}Charts may not add up to 100 due to rounding.

Experiencing delays accessing services for mental health







	Yes
Atlantic (n=67)	64.6%
Quebec (n=154)	46.4%
Ontario (n=218)	51.9%
Prairies (n=145)	55.9%
British Columbia (n=99)	52.8%
Male (n=306)	49.4%
Female (n=371)	55.7%
18 to 34 (n=237)	56.2%
35 to 54 (n=270)	56.8%
55 plus (n=176)	46.2%

^{*}Weighted to the true population proportion.

QUESTION – [IF YES TO Q11] Have you or someone you know ever experienced delays in accessing service for a mental health problem or illness?

^{*}Charts may not add up to 100 due to rounding.

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Prioritizing groups for mental health





	First Ranked (n=993)	Second Ranked (n=811)	Third Ranked (n=747)
Youth	35.7%	26.7%	16.7%
Seniors	15.9%	31.3%	18.7%
Indigenous peoples	8.5%	14.4%	28.7%
LGBTQ	5.7%	13.4%	16.4%
Immigrants and refugees	5.1%	6.4%	11.6%
No difference	25.4%	4.4%	5.4%
Unsure	3.7%	3.4%	2.4%

QUESTION – Please rank the following as priorities for providing mental health services where 1 is the most important priority, 2 the second most important priority and so on. [RANDOMIZE]

METHODOLOGY







METHODOLOGY





Nanos conducted an online survey of 1,004 Canadians, 18 years of age and older, between September 15th and 17th, 2019. Participants were administered a survey online. The results were statistically checked and weighted by age using the latest Census information and the sample is geographically stratified to be representative of Canada.

No margin of error applies to this research.

The research was commissioned by the Mental Health Commission of Canada and was conducted by Nanos Research.

TECHNICAL NOTE





Element	Description	Element	Description						
Research sponsor	Mental Health Commission of Canada		The results were weighted by age and gender using the latest Census information (2016) and the sample is geographically						
Population and Final Sample Size	1,004 Canadians.	Weighting of Data	stratified to ensure a distribution across all regions of Canada. See tables for full weighting disclosure						
Source of Sample	ProedgeMR		Screening ensured potential respondents did not work in the market research industry, in the advertising industry, in the						
Type of Sample	Non-probability	Screening	media prior to administering the survey to ensure the integrity of the data.						
Margin of Error	Not applicable.	Excluded	Individuals younger than 18 years old; individuals without						
Mode of Survey	Online survey	Demographics	internet access could not participate.						
Sampling Method Base	Canadians over the age of 18.	Stratification	By age and gender using the latest Census information (2016) and the sample is geographically stratified to be representative of Canada. Smaller areas such as Atlantic Canada were marginally						
Demographics	Atlantic Canada, Quebec, Ontario, Prairies, British Columbia; Men and Women; 18 years and older.		oversampled to allow for a minimum regional sample.						
(Captured)	Six digit postal code was used to validate geography.	Estimated Response Rate	Not applicable.						
Fieldwork/Validation	The research questions were administered online	Question Order	Question order in the preceding report reflects the order in which they appeared in the original questionnaire.						
Number of Calls	Individuals were not called		which they appeared in the original questionname.						
Time of Calls	Individuals were not called	Question Content	All questions asked are contained in the report.						
Field Dates	September 15 th to 17 th , 2019.	Question Wording	The questions in the preceding report are written exactly as they were asked to individuals.						
Language of Survey	The survey was conducted in both English and French.	Research/Data	Nanos Research						
Standards	Nanos Research is a member of the Canadian Research Insights Council (CRIC) and confirms that this research fully complies with all CRIC Standards including the CRIC Public Opinion Research Standards and Disclosure Requirements. https://canadianresearchinsightscouncil.ca/standards/	Collection Supplier Contact	Contact Nanos Research for more information or with any concerns or questions. http://www.nanos.co Telephone:(613) 234-4666 ext. 237 Email: info@nanosresearch.com.						







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					Reg	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - On a scale of 1 to 10	Total	Unwgt N	1004	94	250	302	207	151	498	500	6	316	396	292
where 1 is not at all important and 10 is		Wgt N	1000	100	250	300	200	150	491	508	1	271	340	389
very important, how you would you rate		Mean	8.6	8.4	8.6	8.6	8.6	8.4	8.3	8.8	7.8	8.6	8.6	8.5
the importance of mental health care		Median	9.0	9.0	9.0	9.0	9.0	9.0	9.0	9.0	10.0	9.0	9.0	9.0
as a priority for you?	Not at all important (1)	%	0.4	0.0	0.6	0.4	0.0	0.9	0.5	0.3	19.6	0.0	0.0	1.0
	2	%	0.3	1.2	0.3	0.0	0.0	0.9	0.7	0.0	0.0	0.4	0.2	0.3
	3	%	1.2	4.8	1.0	1.0	0.4	0.6	2.3	0.2	0.0	1.8	1.8	0.3
	4	%	0.8	1.9	0.7	0.0	0.8	2.0	1.2	0.4	0.0	1.5	0.5	0.6
	5	%	3.5	3.2	2.8	3.9	3.0	4.4	4.4	2.6	0.0	2.6	2.4	5.0
	6	%	4.1	4.7	3.0	4.6	3.8	4.7	4.0	4.1	0.0	3.9	2.5	5.6
	7	%	11.3	7.0	10.2	11.2	17.3	7.8	13.0	9.6	0.0	10.7	13.8	9.4
	8	%	20.1	17.6	24.0	20.8	14.3	21.9	20.0	20.3	19.6	18.7	23.0	18.7
	9	%	14.9	9.2	13.3	15.6	16.2	18.1	16.4	13.5	0.0	15.7	14.8	14.4
	Very important (10)	%	41.8	47.8	42.3	41.8	42.6	36.2	35.5	47.9	60.8	43.7	40.1	42.0
	Unsure	%	1.6	2.6	1.8	0.7	1.6	2.6	2.1	1.1	0.0	0.9	1.0	2.7

					Reg	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Is mental health care more	Total	Unwgt N	1004	94	250	302	207	151	498	500	6	316	396	292
important, less important or just as		Wgt N	1000	100	250	300	200	150	491	508	1	271	340	389
important as physical health care?	Mental health care is more important	%	9.8	4.2	12.4	10.6	10.2	7.2	13.3	6.4	19.6	13.0	12.0	5.7
	Mental health care is less important	%	4.0	7.0	3.7	3.5	4.3	3.4	5.4	2.8	0.0	4.2	3.8	4.1
	Mental and physical health care are equally important	%	85.0	86.2	83.6	85.3	83.0	89.0	80.2	89.7	80.4	81.9	83.4	88.7
	Unsure	%	1.1	2.6	0.4	0.6	2.5	0.5	1.2	1.0	0.0	0.9	0.8	1.5



Overall, please rate the job the following have done on mental health care where 1 is a very poor job and 10 a very good job? [RANDOMIZE]

					Reg	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Federal government	Total	Unwgt N	1004	94	250	302	207	151	498	500	6	316	396	292
government		Wgt N	1000	100	250	300	200	150	491	508	1	271	340	389
		Mean	5.4	5.2	5.3	5.5	5.4	5.3	5.4	5.3	4.0	5.5	5.6	5.1
		Median	6.0	5.0	6.0	6.0	6.0	5.0	6.0	6.0	4.0	6.0	6.0	5.0
	Very poor job (1)	%	6.7	9.8	7.0	5.8	6.4	6.4	6.6	6.8	19.6	5.7	6.8	7.4
	2	%	4.5	3.8	6.2	3.3	4.9	4.0	5.1	3.9	19.6	4.2	3.1	5.9
	3	%	6.9	8.8	6.5	5.4	6.5	10.1	6.7	7.1	0.0	6.1	6.8	7.7
	4	%	8.9	5.6	7.8	8.9	9.2	12.5	8.9	8.9	19.6	9.2	7.2	10.1
	5	%	15.4	17.6	14.3	16.2	14.6	15.4	15.5	15.3	0.0	15.9	14.2	16.2
	6	%	15.3	13.3	15.5	17.4	16.9	9.8	16.1	14.5	21.6	17.5	19.3	10.2
	7	%	16.6	18.0	14.5	17.0	15.9	19.4	16.5	16.8	19.6	18.9	16.1	15.5
	8	%	9.0	5.3	9.2	9.9	10.0	7.8	9.3	8.6	0.0	8.8	9.5	8.6
	9	%	2.2	3.0	3.1	1.0	2.7	1.9	2.5	1.9	0.0	2.6	3.3	0.9
	Very good job (10)	%	2.1	2.6	2.0	2.2	1.2	2.9	2.8	1.4	0.0	2.8	2.5	1.3
	Unsure	%	12.4	12.3	14.0	12.8	11.7	9.8	10.0	14.7	0.0	8.4	11.2	16.1



Overall, please rate the job the following have done on mental health care where 1 is a very poor job and 10 a very good job? [RANDOMIZE]

					Reg	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Your provincial	Total	Unwgt N	1004	94	250	302	207	151	498	500	6	316	396	292
government		Wgt N	1000	100	250	300	200	150	491	508	1	271	340	389
		Mean	5.3	5.0	5.6	4.9	5.5	5.5	5.3	5.3	4.4	5.4	5.5	5.1
		Median	5.0	5.0	6.0	5.0	6.0	6.0	5.0	5.0	4.0	6.0	6.0	5.0
	Very poor job (1)	%	7.4	7.8	5.0	10.6	6.4	6.0	8.0	6.8	19.6	5.7	8.4	7.7
	2	%	3.6	2.6	2.9	4.6	2.6	4.8	3.4	3.8	0.0	4.1	3.3	3.5
	3	%	8.9	11.6	10.3	6.1	11.1	7.2	10.3	7.5	0.0	8.9	6.7	10.7
	4	%	8.6	11.8	5.8	8.6	9.8	9.4	7.5	9.7	39.2	9.2	7.1	9.5
	5	%	17.7	18.1	14.9	22.5	13.9	17.8	17.0	18.5	0.0	16.6	16.7	19.5
	6	%	14.0	12.5	15.0	14.7	12.8	13.3	15.5	12.5	21.6	15.9	16.3	10.5
	7	%	16.0	14.5	17.7	12.1	19.4	17.6	17.3	14.8	19.6	17.9	15.0	15.6
	8	%	8.9	5.1	11.3	5.0	11.2	12.0	8.2	9.6	0.0	6.5	12.4	7.5
	9	%	2.6	2.1	3.1	2.9	3.2	0.6	2.5	2.7	0.0	3.8	2.3	2.0
	Very good job (10)	%	2.1	1.4	2.7	1.2	2.1	3.5	2.5	1.7	0.0	3.2	2.5	1.0
	Unsure	%	10.3	12.5	11.4	11.6	7.7	7.7	7.9	12.6	0.0	8.2	9.4	12.6



Overall, please rate the job the following have done on mental health care where 1 is a very poor job and 10 a very good job? [RANDOMIZE]

		•			Reg	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Your local health care	Total	Unwgt N	1004	94	250	302	207	151	498	500	6	316	396	292
services		Wgt N	1000	100	250	300	200	150	491	508	1	271	340	389
		Mean	6.2	5.5	6.3	6.2	6.3	6.2	6.2	6.2	6.0	6.2	6.2	6.1
		Median	7.0	5.0	7.0	6.0	7.0	7.0	6.0	7.0	6.0	7.0	7.0	6.0
	Very poor job (1)	%	3.7	3.2	4.4	4.1	1.9	4.6	3.6	3.8	0.0	4.0	4.1	3.1
	2	%	2.3	4.9	2.5	2.3	0.8	2.0	2.6	1.9	19.6	2.0	1.0	3.6
	3	%	4.5	8.8	4.3	3.4	6.5	1.9	3.5	5.5	0.0	5.4	4.7	3.9
	4	%	6.7	8.7	5.3	4.1	10.5	7.6	6.5	6.8	0.0	6.1	5.1	8.5
	5	%	14.1	18.4	9.0	16.4	14.3	15.1	14.9	13.3	19.6	14.9	14.4	13.3
	6	%	13.3	7.8	16.5	14.9	10.5	12.4	14.2	12.5	19.6	13.1	16.7	10.5
	7	%	20.5	18.5	17.5	22.2	21.9	21.5	19.7	21.2	21.6	23.7	20.4	18.3
	8	%	14.9	11.0	16.3	13.4	18.0	14.2	15.8	14.1	0.0	14.3	17.4	13.2
	9	%	4.9	2.1	5.2	4.9	5.1	6.0	4.6	5.2	0.0	4.5	5.0	5.1
	Very good job (10)	%	4.5	2.6	5.3	3.9	4.9	5.1	4.3	4.7	19.6	4.9	3.4	5.2
	Unsure	%	10.6	14.1	13.8	10.4	5.7	9.5	10.2	10.9	0.0	7.2	7.8	15.3

					Reg	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Should funding for mental	Total	Unwgt N	1001	94	248	301	207	151	495	500	6	315	396	290
health care be higher, the same or		Wgt N	996	100	248	298	200	150	487	508	1	271	340	386
less than funding for physical health	Higher	%	27.0	21.8	30.7	26.3	27.2	25.3	31.5	22.6	41.2	29.8	27.0	25.0
problems?	The same	%	57.5	57.2	60.6	55.5	57.4	56.6	50.8	63.9	58.8	55.4	58.2	58.3
	Less	%	7.7	12.0	5.3	9.7	9.0	3.2	9.9	5.7	0.0	8.4	6.1	8.8
	Unsure	%	7.8	8.9	3.3	8.5	6.4	15.0	7.8	7.8	0.0	6.4	8.7	8.0



Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE]

				Region Gen									Age		
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus	
Question - Increase funding for mental	Total	Unwgt N	999	94	249	301	206	149	497	496	6	315	394	290	
health care.		Wgt N	994	100	249	299	198	148	490	503	1	271	338	385	
	High priority	%	51.7	50.5	56.6	51.7	45.8	52.2	46.5	56.7	80.4	47.4	50.8	55.4	
	Medium priority	%	36.9	35.7	34.6	36.3	41.4	36.5	38.9	34.9	19.6	42.1	35.7	34.3	
	Low priority	%	6.9	8.9	5.1	7.7	6.5	7.1	9.6	4.2	0.0	6.0	9.6	5.1	
	Not a priority	%	1.7	2.3	0.9	1.8	2.6	1.5	1.9	1.5	0.0	1.5	1.0	2.5	
	Unsure	%	2.9	2.6	2.7	2.6	3.7	2.8	3.1	2.6	0.0	3.0	2.9	2.8	

Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE]

				Region Gender									Age				
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus			
Question - Increase funding for suicide	Total	Unwgt N	1001	94	249	300	207	151	497	498	6	316	394	291			
prevention programs		Wgt N	997	100	249	298	200	150	490	506	1	271	338	387			
	High priority	%	44.6	44.2	48.3	45.6	44.7	36.6	38.5	50.5	60.8	40.5	44.5	47.5			
	Medium priority	%	40.7	41.2	38.3	37.8	39.6	51.8	43.2	38.3	39.2	44.5	39.6	39.0			
	Low priority	%	8.0	9.1	8.1	9.8	6.5	5.4	10.5	5.6	0.0	8.6	9.6	6.2			
	Not a priority	%	2.5	3.0	1.6	2.7	3.8	1.4	3.1	1.9	0.0	3.0	2.0	2.5			
	Unsure	%	4.2	2.6	3.7	4.1	5.4	4.7	4.6	3.8	0.0	3.4	4.3	4.7			



Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE]

					Reg	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Increase funding to improve	Total	Unwgt N	1001	94	249	301	206	151	498	497	6	316	395	290
access to mental health care		Wgt N	997	100	249	299	199	150	491	505	1	271	339	386
professionals (including	High priority	%	54.6	50.2	60.7	53.8	52.8	51.3	48.7	60.3	80.4	54.2	50.1	58.8
psychologists and counsellors)	Medium priority	%	34.3	36.4	30.0	35.1	35.3	37.2	37.5	31.3	19.6	34.4	37.2	31.8
	Low priority	%	6.5	8.5	6.2	6.8	5.2	7.0	8.1	5.0	0.0	6.4	8.4	5.0
	Not a priority	%	1.7	2.3	0.7	2.1	2.6	0.9	2.3	1.1	0.0	2.0	1.0	2.1
	Unsure	%	2.8	2.6	2.4	2.1	4.1	3.5	3.4	2.3	0.0	3.1	3.3	2.3

Would you say that the following should be a high, medium, low priority or not a priority? [RANDOMIZE]

					Re	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Increase funding for	Total	Unwgt N	1000	94	249	301	206	150	497	497	6	315	394	291
prevention and wellness promotion		Wgt N	996	100	249	299	199	149	490	505	1	271	338	387
	High priority	%	42.1	41.7	43.0	44.1	40.1	39.5	37.3	46.7	41.2	41.9	39.8	44.2
	Medium priority	%	42.1	42.3	37.2	42.2	45.6	45.1	44.2	40.0	39.2	42.6	42.9	41.0
	Low priority	%	11.0	7.6	16.2	8.8	8.5	12.2	13.0	9.0	19.6	10.6	12.7	9.7
	Not a priority	%	1.7	1.2	1.3	1.9	2.9	0.9	2.1	1.4	0.0	2.1	1.0	2.1
	Unsure	%	3.1	7.3	2.2	3.1	2.9	2.3	3.3	2.9	0.0	2.8	3.6	3.0



					Reg	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Have you or someone you	Total	Unwgt N	1003	94	250	302	206	151	497	500	6	316	396	291
know ever experienced a		Wgt N	999	100	250	300	199	150	490	508	1	271	340	387
mental health problem or illness?	Yes	%	63.9	70.4	57.0	66.9	67.5	60.1	57.7	69.8	100.0	70.4	65.8	57.6
	No	%	28.4	23.9	35.7	22.4	29.0	30.4	34.2	22.8	0.0	22.6	26.0	34.6
	Rather not say	%	3.0	0.0	4.4	4.1	0.7	3.6	2.5	3.5	0.0	4.1	2.7	2.5
	Unsure	%	4.7	5.7	2.9	6.5	2.7	5.9	5.6	3.9	0.0	2.8	5.5	5.3

					Re	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question – [IF HAS OR KNOWS	Total	Unwgt N	683	67	154	218	145	99	306	371	6	237	270	176
SOMEONE WHO HAS EXPERIENCED A		Wgt N	668	70	154	213	136	96	295	373	1	202	233	233
MENTAL HEALTH PROBLEM OR ILLNESS] Are you living with or caring	Living with a person with a mental health problem or illness	%	20.2	15.4	16.0	21.1	23.8	23.1	20.6	19.8	60.8	23.3	23.2	14.4
- '	Caring for a person with a mental health problem or illness	%	6.0	3.7	5.5	5.6	8.7	5.5	9.0	3.6	0.0	5.1	7.3	5.5
	Living and caring for a person with a mental health problem or illness	%	7.6	6.1	7.1	9.0	8.0	6.2	6.7	8.4	0.0	10.3	7.0	6.0
	Not living or caring for a person with a mental health problem or illness	%	66.2	74.9	71.4	64.4	59.5	65.1	63.7	68.2	39.2	61.2	62.6	74.1



					Re	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - [IF HAS OR KNOWS	Total	Unwgt N	683	67	154	218	145	99	306	371	6	237	270	176
SOMEONE WHO HAS EXPERIENCED A		Wgt N	668	70	154	213	136	96	295	373	1	202	233	233
MENTAL HEALTH PROBLEM OR	Yes	%	52.9	64.6	46.4	51.9	55.9	52.8	49.4	55.7	80.4	56.2	56.8	46.2
ILLNESS] Have you or someone you	No	%	30.1	24.3	40.3	27.2	29.6	24.8	31.8	28.7	0.0	25.0	28.3	36.2
know ever experienced delays in accessing service for a mental health problem or illness?	Unsure	%	17.0	11.1	13.3	20.9	14.5	22.4	18.8	15.6	19.6	18.8	14.9	17.6

Please rank the following as priorities for providing mental health services where 1 is the most important priority, 2 the second most important priority and so on. [RANDOMIZE]

					Re	gion				Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Rank 1	Total	Unwgt N	993	94	247	297	204	151	491	496	6	311	391	291
		Wgt N	991	100	248	295	198	150	486	505	1	268	336	388
	LGBTQ	%	5.7	2.1	4.9	5.4	8.9	5.5	4.0	7.2	0.0	9.1	4.9	3.9
	Seniors	%	15.9	17.6	18.5	12.9	13.5	19.8	18.5	13.4	19.6	12.9	14.3	19.4
	Indigenous peoples	%	8.5	8.6	5.8	9.7	9.6	9.0	8.0	9.0	0.0	9.7	8.6	7.5
	Youth	%	35.7	39.4	35.7	38.7	32.2	31.7	36.7	34.7	41.2	37.7	38.5	31.8
	Immigrants and refugees	%	5.1	6.1	5.0	5.7	5.8	2.9	4.5	5.7	39.2	4.0	5.7	5.4
	No difference	%	25.4	20.4	26.1	25.3	26.0	27.4	23.7	27.1	0.0	23.2	24.3	28.0
	Unsure	%	3.7	5.8	4.1	2.4	4.1	3.7	4.5	3.0	0.0	3.3	3.7	4.0



Please rank the following as priorities for providing mental health services where 1 is the most important priority, 2 the second most important priority and so on. [RANDOMIZE]

			Region							Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Rank 2	Total	Unwgt N	811	77	195	243	178	118	410	395	6	250	323	238
		Wgt N	806	81	196	240	172	117	408	398	1	213	276	316
	LGBTQ	%	13.4	14.3	7.4	15.7	14.3	16.8	10.6	16.3	21.6	17.2	13.1	11.1
	Seniors	%	31.3	28.3	36.6	29.7	33.4	24.4	31.2	31.4	0.0	24.8	33.9	33.4
	Indigenous peoples	%	14.4	16.1	16.7	17.0	9.8	10.8	14.2	14.5	58.8	15.8	15.0	12.9
	Youth	%	26.7	27.0	24.7	24.2	27.8	33.2	27.4	25.9	0.0	25.5	23.1	30.6
	Immigrants and refugees	%	6.4	3.7	5.9	6.3	7.5	7.4	7.5	5.2	19.6	11.0	6.2	3.4
	No difference	%	4.4	9.2	5.1	3.9	2.8	3.6	4.9	4.0	0.0	3.2	5.5	4.3
	Unsure	%	3.4	1.3	3.5	3.3	4.4	3.8	4.2	2.7	0.0	2.4	3.3	4.3

Please rank the following as priorities for providing mental health services where 1 is the most important priority, 2 the second most important priority and so on. [RANDOMIZE]

			Region										Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Rank 3	Total	Unwgt N	747	71	180	224	165	107	369	372	6	233	291	223
		Wgt N	744	74	181	223	159	106	367	376	1	199	249	296
	LGBTQ	%	16.4	10.5	17.6	17.3	13.7	20.9	14.9	17.8	58.8	16.4	15.8	16.9
	Seniors	%	18.7	20.4	16.5	20.5	17.2	19.4	19.2	18.2	0.0	21.9	16.0	18.8
	Indigenous peoples	%	28.7	36.9	30.1	28.6	28.3	21.5	27.6	29.8	19.6	26.1	26.5	32.4
	Youth	%	16.7	17.5	16.1	15.9	18.4	16.2	15.7	17.7	19.6	13.5	19.7	16.3
	Immigrants and refugees	%	11.6	4.9	13.4	10.3	12.9	14.0	14.6	8.7	2.0	17.6	11.3	7.9
	No difference	%	5.4	2.8	5.0	6.0	5.3	7.2	4.8	6.1	0.0	2.5	7.2	5.9
	Unsure	%	2.4	6.8	1.3	1.4	4.2	0.9	3.3	1.6	0.0	2.0	3.5	1.9



Please rank the following as priorities for providing mental health services where 1 is the most important priority, 2 the second most important priority and so on. [RANDOMIZE]

			Region							Gender			Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Rank 4	Total	Unwgt N	694	63	169	210	155	97	342	347	5	214	268	212
		Wgt N	693	66	171	209	151	96	343	350	0	183	229	281
	LGBTQ	%	21.4	30.9	19.4	22.1	22.5	15.1	22.1	20.7	0.0	20.3	21.5	22.0
	Seniors	%	18.9	19.2	14.5	20.3	19.5	22.9	17.8	20.0	73.2	20.5	19.6	17.4
	Indigenous peoples	%	23.5	15.5	25.5	24.4	20.5	27.8	21.6	25.3	2.4	22.0	23.2	24.6
	Youth	%	8.6	3.5	9.2	7.0	12.5	8.2	8.7	8.5	0.0	8.5	7.0	9.9
	Immigrants and refugees	%	21.3	23.3	22.6	19.8	20.3	22.8	22.7	20.0	24.4	26.4	18.6	20.2
	No difference	%	3.8	6.0	5.6	2.5	2.8	3.2	3.7	3.9	0.0	1.3	6.9	2.9
	Unsure	%	2.6	1.6	3.2	4.0	1.9	0.0	3.5	1.7	0.0	1.1	3.2	3.0

Please rank the following as priorities for providing mental health services where 1 is the most important priority, 2 the second most important priority and so on. [RANDOMIZE]

			Region Gender										Age	
			Canada 2019-09	Atlantic	Quebec	Ontario	Prairies	British Columbia	Male	Female	Other	18 to 34	35 to 54	55 plus
Question - Rank 5	Total	Unwgt N	645	57	152	195	147	94	322	318	5	198	253	194
		Wgt N	642	59	152	193	143	94	323	318	0	169	216	256
	LGBTQ	%	24.1	26.5	33.5	16.9	26.9	17.6	27.8	20.3	24.4	21.6	22.1	27.3
	Seniors	%	11.6	7.2	8.6	13.4	13.1	12.8	10.6	12.5	2.4	18.5	11.7	6.8
	Indigenous peoples	%	12.2	12.0	9.2	11.2	13.8	17.0	13.1	11.4	24.4	12.2	12.9	11.7
	Youth	%	5.1	5.4	5.7	5.3	4.1	5.1	4.4	5.7	48.8	6.7	4.3	4.7
	Immigrants and refugees	%	37.0	39.8	35.5	39.0	33.4	38.9	32.6	41.5	0.0	33.7	38.2	38.1
	No difference	%	4.4	3.5	1.6	7.1	3.6	4.9	5.8	2.9	0.0	4.9	5.0	3.4
	Unsure	%	5.7	5.5	5.9	7.0	5.2	3.7	5.8	5.7	0.0	2.3	5.8	7.9